

4/16

1pm

Not Interested
Found other job

Nicholas Trainor

Adams, MN 55909

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Hard worker team oriented

Work Experience

Cook

Cedar Court Assisted living facility - Adams, MN

March 2019 to Present

Cleaning cooking and helping residents with any special care

Forklift Operator

Hormel Foods - Austin, MN

May 2015 to February 2019

Loading and unloading meat into ovens

Key backup machine operator Sanitation general production

Mrs gerrys - Albert Lea, MN

January 2012 to May 2015

Cleaning and assembling equipment as well as operating and production work

Education

High school in General

Albert Lea Senior High School - Albert Lea, MN

September 1998 to May 2002

Skills

- Warehouse
- Forklift
- Shipping
- Inventory Control
- RF scanner
- Materials Handling
- Pallet Jack
- Order Picking
- Reach Truck
- Shipping & Receiving

- Order Picker
- Food safety
- Cooking
- Leadership
- Load & unload
- Manufacturing
- Forklift
- Warehouse management system
- Order fulfillment
- Assembly
- Communication skills
- Sales
- Customer service
- Time management
- Janitorial experience
- Microsoft Office
- Restaurant experience
- Quality control
- Food handling
- Organizational skills
- English
- Outdoor work

Certifications and Licenses

Certified Forklift Operator

Pallet Jack Certification