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Objective

Seeking position that will utilize my experience and recent education to work with children, teens or adults struggling with a variety of life challenges, in order to provide hope, encourage goal-setting, and facilitate the development of strategies that will assist them in making the changes being sought.

Summary of Qualifications

- Highly responsible, motivated, and outgoing individual with an excellent work ethic.
- Excellent listening and communication skills that complement an open-minded and caring attitude.
- Hard working, energetic, and willing to make the extra effort to complete tasks.
- Able to get along well with others and committed to continuous self-development and participation in on-going educational opportunities to improve and refine skills.
- Ability to operate various computer software and excellent keyboarding skills.

Education

Master's of Counseling,
12/2009

Denver Seminary,
Littleton, CO

Classes included topics such as family systems and trauma and abuse. Completed 300 hours practicum, followed by 800 hour internship at Crossroads Care Center in Wheat Ridge CO. Responsibilities included working with clients from diverse backgrounds and all ages covering many topics such as marriage counseling, family conflicts, and working with children and adolescents.

Bachelor's of Arts in Psychology,
May, 2002

Northwestern College
St. Paul, MN

In addition to the general degree requirements, a six month internship was completed using play therapy techniques to work with children having emotional and behavioral problems. Assisted children to achieve designated goals required for them to graduate from the program. Observed daily progress and recorded notes. Helped children develop appropriate peer play skills and taught anger management. Enhanced discipline protocols through a system of time-outs and loss of privileges.

Associate of Arts Degree,
May, 2000

Oak Hills Christian College
Bemidji, MN

Participated in children's mentor program working through the local battered women's shelter, including individual work with Native American children, to build trusting relationships to help improve self-esteem and social interaction skills.

Previously held certifications: CPR Instructor, Lifeguard Training Instructor, Water Safety Instructor, Water front director, AED, and First Aid Instructor
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Employment History

Levin Family
Highlands Ranch, CO

Nanny
9/07 to 6/09

Responsible for five children ages 20 months to 10 years old. Provided behavioral modification, for some of the children diagnosed with autism and ADHD. This was done under the guidance of professional staff. Responsible for general care of all the children, assisting parents with a variety of duties. Maintained full-time student status while working for this employer

Trout Lake Camp
Pine River, MN

Head Counselor
Summer of 08

Head counselor of church camp for children ages 6 to 18. Responsible to provide direction and supervision to over 20 counselors. Provided emotional and technical support and guidance for counselors in working with behaviorally challenged youth. Communicated with parents and key staff to resolve problems and initiated discipline as needed. Facilitated individual counselor meetings to encourage staff and ensure appropriate and effective counseling was being provided to campers by assisting with intervention strategies as necessary.

Trout Lake Camp
Pine River, MN

Camp Counselor
Summers of 06-07

Counselor at a church camp for children ages 6 to 18. Responsible for planning and supervising activities, leading small groups, and conducting optional seminars. General counseling with children, some with difficult backgrounds, on a variety of topics. Worked with 10 to 12 girls per week on a rotating schedule of age groups.

Perkins Restaurant
Houghton, MI

Waitress
09/06 to 05/07

Took food orders from customers and served their food, accepted payments, and resolved customer complaints.

Impact International
Brooklyn Park, MN

*Team Facilitator/
Mentor*
07/02 to 03/03

Worked with families and children ages 5 to 17 experiencing behavioral and emotional difficulties. Set-up and facilitated meetings with parents and community professionals. Identified problems and developed and redirected individual and family goals as needed to achieve desired behaviors. Located community resources to enhance goal achievement, such as specialized schools, or programs dealing with topics such as anger management. Monitored progress, case-noted results, and provided interventions and new strategies as needed. Left position due to excessive travel required compared to compensation received to offset these expenses.

