

**MARY WICKRAMASEKERA**

**4839 White Rock Circle, Unit C  
Boulder, Colorado 80301  
773.992.7402 / 720.295.3679**

**marywickramasekera@gmail.com**

**www.marywickramasekera.com**

**Biography:** *A first-generation Sri Lankan-American story-teller, writer, columnist, on-line radio host and commentator, with a diverse background, seeks a position within the Media and Communications Industries.*

**Background Areas of Interest:**

*Psychology and Child Development  
Education and Alternative Education Reform  
Immigrant Experiment: Cultural Assimilation-Anomie  
Women's Issues/Advocacy  
Mind-Body Fitness-Wellness  
Culinary Arts/Intuitive Cookery  
Native Intelligence, Talent & Attributes*

*Sociology: Applied Sociology  
Environmental/Ecological Advocacy  
Children's Issues/Advocacy  
Eastern and Western Spirituality  
Energy Healing Modalities  
Voices of Disenfranchisement  
Ghetto Village Culture*

**Education:** 5/95 Northeastern Illinois University - awarded B.A. in Psychology  
9/96 Loyola University - coursework towards M.A. in Sociology.  
9/00 MacGregor School @ Antioch University - coursework towards M.A./Ph.D. in Psychology and Applied Sociology

**Licensure:** 7/10 Substitute Teacher License, State of Colorado

**Mind-Body Wellness Certifications, Training & Application:**

NIA Dance Fitness Zumba Latin Dance Fitness The Pilates Method (Mat & Standing Method)  
Quantum Touch Reiki Second Degree Yuan Method

**Scientific Publication:** *Rospenda, K.M., Richman, J.A., Nawyn, S.J., & Wickramasekera, M. The needle in the haystack: Exploring aspects of contrapower harassment. Paper presented at the annual meeting of Sociologists against Sexual Harassment, New York, NY, August 1996.*

**SPECIALIZED HUMAN DEVELOPMENT EDUCATION, APPLICATION & INSTRUCTION**

- 2010 - 2011** **Commentator, Radio Program Creator and Host**  
**Warrior-Girl Wisdom**  
Online inspirational radio program focused on knowing one's worth, value & gifts.
- 2009 - 2010** **Recruiting Assistant and Test Examiner**  
**United States Census Bureau**  
Responsible for prospective employee recruitment & test administration.
- 2009 - 2009** **Blogger**  
**Window-Washing for Clarity**  
Weekly blog centered on the theme of beginning again post-divorce.
- 2007-2009** **Zumba Latin Dance Fitness Instructor**  
**Independent Contractor**  
Coordinated & taught Zumba fitness classes at community recreational facilities.
- 1999 - 2009** **Alternative Education Curriculum Development & Instruction**  
**Evergreen Mountain Community Homeschooling Network**  
Organized Curriculum Committee. Developed & delivered curriculum tailored to each child's differently-abled attributes & acquisition of learning methods.
- 2006 - present** **Project Coordinator - Curriculum Development**  
**Anitu Center for Shared Arts and Culture**  
Managed, developed, publicized & implemented seminars for visiting faculty.
- 2009 - 2009** **Columnist**  
**mesospirit.com**  
Weekly writer for *Everyday Synchronicity* directed at the spiritual community.

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- 2005 - 2009**      **Proprietor & Culinary Artist**  
**Serendib Exotic Gourmet Catering**  
Independent small-scale catering business specializing in savory and sweet international cookery and bakery.
- 1999 - 2009**      **Facilitator & Coach**  
**HeartSong Coaching (Part-Time Private Practice)**  
Served as Coach conducting life skills interviews and assessments to facilitate clients' growth towards personal & professional goals.
- 1998 - 1998**      **Instructor**  
**American School of Correspondence**  
Reviewed and graded school work and exams for ASC Students.
- 1993 - 1996**      **Visiting Research Specialist**  
**University of Illinois @ Chicago, Department of Psychiatry**  
Initially served as Administrative Assistant to the Deputy Head of Psychiatry. Promoted to Psychiatry Medical School Administrative Coordinator. Subsequently, promoted to Visiting Research Specialist for Epidemiology Team.
- 1991-1992**      **Proprietor, Contracts Procurement & Lead Court Reporter**  
**Wickram, Daniels & Associates Court Reporting**  
Awarded Federal Merit Systems Protection Board Court Reporting Contracts for IL & OH.
- 1990 - 1993**      **Clinical Research & Grant Procurement Assistant**  
**Grant Hospital of Chicago, Clinical Research Unit/A& I**  
Provided administrative assistant support to Director. Served as Assistant to the Director of Corporate & Foundations Relations Fundraising.
- 1988 - 1989**      **Grant Procurement Assistant**  
**Chicago Academy for the Arts, Corporate & Foundations Relations**  
Provided general administrative support to Director in procuring grant funding.
- 1986 - 1988**      **Grant Procurement Assistant**  
**Roosevelt University, Corporate & Foundations Relations**  
Provided general administrative support to Director in procuring grant funding.
- 1985 - 1986**      **Administrative Assistant**  
**Jesse Brown Veterans Administration Hospital, Anesthesiology Dept**  
Served as administrative support to Chief in the daily functioning of department and assignments of Resident and Fellow rotations.