

Val Urbas

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303-917-1748

A position as a warehouse associate or lead. Looking to use the knowledge and skills I've acquired over the years to assist in warehouse operations, help the team, and get the job done.

Authorized to work in the US for any employer

Work Experience

Shipping and Receiving

SAWTST, LLC - Golden, CO
2021 to 2021

Shipping and receiving. Government contract work

Production Supervisor

Vitrazza - Golden, CO
2017 to 2020

Store Manager, Evergreen

Anthony's Pizza & Pasta
2013 to 2017

General Laborer, Evergreen

Jay's Fix it All - Evergreen, CO
2002 to 2013

Worked for my step dad growing up, landscape work, painting, etc

Education

Associates Degree in Business Administration

Red Rocks Community College

Skills

- Experience managing a seven person crew in warehouse environment
- Experience in Inventory counts/ordering/receiving
- Certified on sit down Forklift and standing Reach Lift
- Basic knowledge and understanding of Xcel
- Trained on LEAN principles and FIFO
- Maximizing efficiency by redesigning production procedures
- Designing multiple warehouses and racking systems to maximize space

- Experience with heavy lifting and manual labor/ Hot and cold environments
- Experience with food ordering and unloading
- Works well under pressure/ Experience from fast growing company, job sites and fast food
- Experience with money/labor management in pizzeria environment.
- Many years' experience with customer Service
- Xcel and word proficient
- Warehouse Experience
- Shipping & Receiving
- Order Picking
- 5S

Certifications and Licenses

Forklift Certification

Assessments

Workplace safety — Expert

August 2020

Using safe practices at work

Full results: [Expert](#)

Warehouse associate — Highly Proficient

August 2020

Assesses the tendencies that are important for success in warehouse roles

Full results: [Highly Proficient](#)

Forklift safety — Highly Proficient

August 2020

Best practices and safety hazards in forklift operation

Full results: [Highly Proficient](#)

Attention to detail — Highly Proficient

August 2020

Identifying differences in materials, following instructions, and detecting details among distracting information.

Full results: [Highly Proficient](#)

Food service fit: Back of house — Highly Proficient

April 2021

Measures the traits that are important for successful back of house food service roles

Full results: [Highly Proficient](#)

Food safety — Highly Proficient

April 2021

Proper food handling, storage, and equipment use for preventing the spread of foodborne illness
Full results: [Highly Proficient](#)

Work motivation — Highly Proficient

April 2021

Level of motivation and discipline applied toward work
Full results: [Highly Proficient](#)

Warehouse shift leader — Expert

April 2021

Supervising warehouse staff and maintaining safety and security standards
Full results: [Expert](#)

Attention to detail — Highly Proficient

April 2021

Identifying differences in materials, following instructions, and detecting details among distracting information
Full results: [Highly Proficient](#)

Supervisory skills: Motivating & assessing employees — Highly Proficient

August 2020

Motivating others to achieve objectives and identifying improvements or corrective actions.
Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.