

Theron friss

Northglenn, CO 80233

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Authorized to work in the US for any employer

Work Experience

Mechanical Assembler

Intec Building Services-Frederick, CO

August 2022 to Present

Building and servicing large insulation blowing machines

Commercial Framer

Mountain states framing-Longmont, CO

January 2021 to Present

Position includes skilled construction of walls and standing of those walls with telescoping forklift. Skilled use of many tools including saws and grinders and use of ladders

Shop Hand

Rocky mountain joinery center-Lafayette, CO

October 2023 to September 2024

Packaged large timber palets operating a variety of forklifts. Assembly of timber frame trusses. Operating saw mills.

Assembler and Fabricator

Inteq corp-Firestone, CO

August 2022 to August 2023

Assembled large insulation blowing machines

Operator

Danlyn.inc-La Salle, CO

November 2019 to August 2020

Operator and excavator for cell tower foundations

Builder/Laborer

Meadowlark Log Homes-Libby, MT

April 2018 to January 2019

Construction and assembly of log homes (button pass and saddle notch) extensive use of power tools and all types of saws. Extensive experience on roofs

Framer/Laborer

Dream Builders Construction-Frederick, CO

January 2014 to March 2016

Remodel and additions. Decks, porches, roof work. A few full builds. Have experience with multiple methods of building including traditional stick framing, sips panels, and log construction (including timber frame)

Framer

Hastings Brothers Construction, Inc.-Denver, CO

Education

sales

Frederick High School - Greeley, CO

August 2010 to January 2014

Ged

Front Range Community College - Longmont, CO

Skills

- Carpentry
- Construction
- Assembly
- Maintenance
- Drywall
- Handyman
- Mechanical knowledge
- Heavy equipment operation
- Frame carpentry
- Leadership
- Remodeling
- Door hanging
- Customer service
- Communication skills
- Trim Carpentry
- Blueprint Reading
- Painting (2 years)
- Hand tools
- Woodworking
- Trim carpentry
- Commercial construction
- Construction management
- Schematics
- Millwork
- Metal stud framing

