

Sumyr Carreon

Windsor, CO 80550

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To be employed with a profitable company that has diverse job opportunities to grow into a career.

Authorized to work in the US for any employer

WORK EXPERIENCE

Loader

PepsiCo - Greeley, CO - 2017-01 - Present

Pulling orders, cleaning, forklift, loading trucks, work in a fast pace environment, and followed all safety procedures.

Logistics

Walmart Distribution Center - Loveland, CO - 2016-01 - 2017-01

Unload trailers, inventory counts, work in a fast and loud environment, follow all safety procedures, heavy lifting, keep a clean and organized work area, forklift training, new hire training. Loading trailers, data entry.

Accomplishments

Started training new hires my 4th month of employment.

Skills Used

stand forklift certified

Clamp lift certified

Logistics Specialist

SMA Solar Technology - Denver, CO - 2015 - 2016

Stocking material, heavy lifting, unloading trucks, forklift operations, trash, ordering materials, pulling materials like screws, power tools, and mother boards. follow all safety procedures, new hire training.

Warehouse Associate

Amerisource Bergen - Phoenix, AZ - 2013 - 2015

Pick orders in a fast pace environment using a RF scanner, followed all safety procedures, Check product for any damages or leaks, handle chemo medicine products, bagged chemo medicine, handled cold refrigerated medicine and tablets, maintained a clean and safe work area, customer service, clean, light training, and stayed pasted regulars when needed.

Accomplishments

Became one of the fastest picker on over nights.

Warehouse Worker

Coast Pet Distributions - Aurora, CO - 2012 - 2013

Pulling orders, receiving, shipping, stocking, cleaning, forklift, loading/ unloading trucks, light driving, inventory control, temp checks, customer service, and followed all safety procedures.

Sr Sales Associate

7-Eleven - Lakewood, CO - 2007-01 - 2012-01

Handle cash transactions, new employee training, credit card transactions, increase sales by up selling products, stock merchandise, inventory management , ordered merchandise, clean, and customer service.

EDUCATION

Associate in Graphic Design

Art Institute of Phoenix - Phoenix, AZ

2015 - 2015

G.E.D

College America

2012

SKILLS

Customer Service, Merchandising, Cash Handling, Sales

ADDITIONAL INFORMATION

-Computer proficient (Microsoft office)

-Filing

-Data Entry

-Inventory Control

-Fast Learner

-Motivated to increase sales

-Dependable

-Honest

-Fast pace worker

-Multi Task

-Computer literate

-Forklift certified

-Organized

-Self-Motivated

-Energetic

-Computer Knowledge

-Proficient Keyboarding Skills

References

Daniel Mattison - 7205561721

Ashley Rodriguez - 9705993906

Justin Larimer- 6235652170