

# ESSG Medical Referral to Employer

Employee Name: Stacy Orchard Date of Injury: 4/2/08

**AUTHORIZATION TO RELEASE INFORMATION:** I hereby authorize the Health Care Provider who completes this form to release any information to The Suzlon Rotor Corporation which substantiates, clarifies, or elaborates on my fitness for duty.

\_\_\_\_\_  
Employee Signature Date

Medical Provider H. Thoreson PA-C Date / Time of Appt: 4/4/08 9:00am

**ALL WORKERS' COMPENSATION MEDICAL EXPENSES** must include the patient name, date of service, and Medical Provider's "Progress Notes" for treatment. Social Security Number is recommended. Mail all claims for payment directly to:

ESSG  
7300 Metro Blvd  
Ste. 635  
Edina, MN 55439  
(952)835-1288  
Fx: (952)835-1255

Diagnosis: (L) Knee Contusion \_\_\_\_\_  Non-work related

\_\_\_\_\_  Undetermined

Treatment Plan: Wrap, Ice, Elevation \_\_\_\_\_  Work related

**RETURN TO WORK:**  With No Limitations Date: 4/4/08  
(Suzlon rotor Corp. has an active return-to-work program. Most temporary restrictions can be accommodated. Please call 507-562-6700 if you have any questions regarding light duty jobs.)

**TOTALLY DISABLED:** (Dates) From: \_\_\_\_\_ To: \_\_\_\_\_

**RESTRICTED WORK: Duration of Limitations:** \_\_\_\_\_ Days/Weeks

Restricted Work Hours: May Work \_\_\_\_\_ hours per day \_\_\_\_\_ hours per week.

Restricted Lifting: Maximum lift: \_\_\_\_\_ 10lbs \_\_\_\_\_ 20lbs \_\_\_\_\_ 30lbs \_\_\_\_\_ 40lbs \_\_\_\_\_ 50lbs

Weight limit for repetitive lifting or carrying: (more frequent than 2 times per hour)  
\_\_\_\_\_ 0-5lbs \_\_\_\_\_ 5-10lbs \_\_\_\_\_ 10-20lbs \_\_\_\_\_ 20-30lbs \_\_\_\_\_ 30-40

Restricted bending: (Limit in degrees) \_\_\_\_\_ Bending frequency (# of times per hour): \_\_\_\_\_

Restricted use of hand: \_\_\_\_\_ Right \_\_\_\_\_ Left \_\_\_\_\_ No Use or \_\_\_\_\_ Limited repetitive grasping, gripping

Standing/Sitting: Standing (hours per day) \_\_\_\_\_ Sitting (hours per day) \_\_\_\_\_

Other: \_\_\_\_\_

Next Appt. Date / Time: pm Provider's Comments: \_\_\_\_\_

Medical Provider Signature: Heidi Thoreson Date: 4/4/08

Please fax back form to 507.562.6800 - Attn CMG/ESSG



# FITNESS FOR DUTY

Employees who are absent due to illness or injury (either work-related or non-occupational) may be required to have their physician or other qualified health provider complete a Fitness for Duty Certification before returning to work. The completed form should be returned to Human Resources will make a determination as to his/her ability to return to work. No employee will be allowed to return to work without a satisfactory Fitness for Duty Certification on file.

Employee Name: Stacey Orchard Date: \_\_\_\_\_

Is employee able to perform the functions of his/her position?  Yes  No

Any restrictions?  Yes  No If yes, please describe restriction(s) and duration below:

RETURN TO WORK:  With No Limitations Date: \_\_\_\_\_

**(Suzlon rotor Corp. has an active return-to-work program. Most temporary restrictions can be accommodated. Please call 507-562-6700 if you have any questions regarding light duty jobs.)**

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Weight limit for repetitive lifting or carrying: (more frequent than 2 times per hour)  
\_\_\_\_\_ 0-5lbs \_\_\_\_\_ 5-10lbs \_\_\_\_\_ 10-20lbs \_\_\_\_\_ 20-30lbs \_\_\_\_\_ 30-40

\_\_\_\_ Restricted bending: (Limit in degrees) \_\_\_\_\_ Bending frequency (# of times per hour): \_\_\_\_\_

\_\_\_\_ Restricted use of hand:  Right  Left  No Use or  Limited repetitive grasping, gripping

\_\_\_\_ Standing/Sitting: Standing (hours per day) \_\_\_\_\_ Sitting (hours per day) \_\_\_\_\_

\_\_\_\_ Other: \_\_\_\_\_

Next Appt. Date / Time: \_\_\_\_\_ Provider's Comments: \_\_\_\_\_

Employee Signature: \_\_\_\_\_

Physician or Practitioner Signature: Heidi Thoresen PA-C

Type of Practice: (Field of Specialization) FP

# Report of Work Ability

See Instructions on Reverse Side



R W 0 1

DO NOT USE THIS SPACE

Please PRINT or TYPE your responses.  
Enter dates in MM/DD/YYYY format.

This form must be provided to the employee.  
(Minn. Rules 5221.0410, subp. 6)

NOTICE TO EMPLOYEE: YOU MUST PROMPTLY PROVIDE A COPY OF THIS REPORT TO YOUR EMPLOYER OR WORKERS' COMPENSATION INSURER, AND QUALIFIED REHABILITATION CONSULTANT IF YOU HAVE ONE.

SOCIAL SECURITY NUMBER 476064278	DATE OF INJURY 4-2-08
EMPLOYEE Stacy Orchard	Date of Birth 2-17-70
EMPLOYER Surzon	
INSURER/SELF-INSURER/TPA	
INSURER CLAIM NUMBER	

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Date of most recent examination by this office  (date)

Select the appropriate option(s) below and fill in the applicable dates.

1.  Employee is able to work without restrictions as of  (date)

2.  Employee is able to work with restrictions, from  (date) to  (date)

The restrictions are:

--

3.  Employee is unable to work at all, from  (date) to  (date)

The next scheduled visit is:  as needed OR  (date)

NAME (Type or Print) HEIDI M. THORESON, PA	SIGNATURE Heidi Thoreson	DEGREE PA-C
ADDRESS PIPESTONE FAMILY CLINIC 920 4TH AVE SW, PIPESTONE, MN 56164 507-825-5700 FAX 507-825-5895 DEA- MT1547833 MN LISC-10239	STATE	LICENSE #/REGISTRATION #
CITY UPIN Q75758 NPI-1689722027	AREA CODE	TELEPHONE #
		DATE SIGNED 4/4/08

# Health Care Provider Report

See Instructions on Reverse Side  
(WHEN COMPLETED RETURN TO REQUESTER)



H C 0 1

Please PRINT or TYPE your responses.  
Enter dates in MM/DD/YYYY format.

DO NOT USE THIS SPACE

SOCIAL SECURITY NUMBER <i>476064278</i>	DATE OF INJURY <i>4-2-08</i>	DOB <i>2-17-70</i>
EMPLOYEE <i>Stacy Orchard</i>	EMPLOYER	
INSURER/SELF-INSURER/TPA	INSURER CLAIM NUMBER	
INSURER ADDRESS		
CITY	STATE	ZIP CODE

REQUESTER must specify all items to be completed by health care provider.  Items: \_\_\_\_\_  MMI (#9)  PPD (#10)

**HEALTH CARE PROVIDER TO COMPLETE ITEMS REQUESTED ABOVE**

1. Date of first examination for this injury by this office: *4/4/08* (date)
2. Diagnosis (include all ICD-9-CM codes):  
*Knee Contusion*
3. History of injury or disease given by employee:  
*Tripped over bar at work*
4. In your opinion (as substantiated by the history and physical examination) was the injury or disease caused, aggravated or accelerated by the employee's alleged employment activity or environment?  No  Yes
5. Is there evidence of pre-existing or other conditions that affect this disability?  No  Yes If yes, describe:
6. Is further treatment of this injury or referral to another doctor planned?  No  Yes If yes, describe:
7. Has surgery been performed?  No  Yes If yes, date and describe:   (date)
8. Attach the most recent Report of Work Ability. Date of report: *4/4/08* (date)
9. Has the employee reached maximum medical improvement? (If yes, complete item #10) (See definition on back)  No  Yes Date reached:
10. Has the employee sustained any permanent partial disability from the injury?  No  Yes  Too early to determine  
The permanent partial disability is   % of the whole body. This rating is based on Minn. Rules:

<i>5223.</i>		<i>5223.</i>	
<i>5223.</i>	%	<i>5223.</i>	%
<i>5223.</i>	%	<i>5223.</i>	%

NAME (Type in Print) HEIDI M. THORESON, PA PIPESTONE MEDICAL GROUP ADDRESS 920 4TH AVE SW, PIPESTONE, MN 56164 507-825-5700 FAX 507-825-5895 DEA- MT1547833 MN LISC-10239 CITY UPIN Q75758 NPI - 1689722027	SIGNATURE <i>Heidi Thoreson</i> STATE _____ LICENSE #/REGISTRATION # _____ AREA CODE _____ TELEPHONE # _____ DATE SIGNED <i>4/4/08</i>
DEGREE <i>PA-C</i>	

3 PART DRUGS OF ABUSE TEST REQUEST



SPECIMEN ID U8860075



Employer: SUZLON ROTOR CORPORATION  
1711 S HWY 75  
PIPESTONE, MN 56164

Account #

1 To be completed by COLLECTOR / DONOR

Donor I.D. 476064378  
Donor Name (last, first) or SSN Orchard, Stacy  
Donor Daytime Phone 5075620432  
Social Security No, Employee No. or other Identification No.  
Specimen Type:  Blood  Urine  Oral Fluid  
Referring Phys. / Company Suzlon

DONOR CONSENT I certify that I provided my specimen to the collector, that the specimen container was sealed with a tamper-proof seal in my presence; and that the information provided on this form and on the label affixed to the specimen bottle is correct. I authorize MEDTOX to release the results of the tests to my employer, prospective employer, employer representative and/or their authorized healthcare professionals.

Signature x Stacy Orchard  
DATE 04-07-2008  
Month Day Year

MRO:

Account # 93470

Test(s) Ordered  06040  
7 PANEL



2 To be Completed by COLLECTOR Indicate Reason for Test  
 Pre-employment  Random  Reasonable Suspicion  Other (specify):  
 Return to Duty  Follow-up  Post Accident  Periodic Medical

3 To be Completed by COLLECTOR Specimen temperature must be read within 4 minutes of collection  
Specimen Temperature within range: (90°-100°F/32°-38°C)  
 YES  No, Remark Required 81605

4 To be Completed by COLLECTOR  
Collection Site Location: Facility and Address 481  
PIPESTONE COUNTY MGR CENTER  
PIPESTONE, MN 56164  
Collection Site Phone No. (507) 825-5811  
Fax No. (507) 825-6081  
Date and Time of Collection 04-07-2008 9:10 am  
Remarks Concerning Collection none

I, the collector, by signing below certify that the specimen identified on this form is the specimen given to me by the donor identified above and that it has been collected, labeled, sealed and released to the-Delivery Service noted-in accordance with applicable requirements.

x Michelle Vanderwaal  
Signature of Collector  
Michelle Vanderwaal  
(PRINT) Collector's Name (First, MI, Last)

SPECIMEN BOTTLE(S) RELEASED TO:  
Name of Delivery Service Transferring Specimen to Lab  
 DHL  Local Courier  
 Other

5



IN 6108  
X