

Where??

4/17
10/10

SONPRASITH INTHAVONG

2623 – 55th Street Northwest, Rochester, Minnesota 55901
gunn_inthavong@yahoo.com (678)457-2748

Summary of Qualifications

- Excellent attention to detail, and enjoy working in fast paced environments.
- Seven years of CNC machinist experience
- Exceptionally skilled in machining, tooling and fixtures
- Troubleshooting and repair of machines
- Experience with Fanuc, Mazak, Fadal, Hass and Kuma, grinders, calipers, micrometers, depth gauges.
- Basic computer skills
- Ability to read and interpret blueprints effectively.
- Ability to work with diverse groups of people, as well as individually.

Work History

Bowman Tool and Machining, Rochester Minnesota 2010-2012

CNC Machine Operator

Responsible for fabricating heavy parts and axels for use on John Deere equipment per print specifications. Knowledge and use of hoists, grinder, deburrer, depth gauges, calipers and micrometers. Conducted inspections to determine damage.

R&R, Stockbridge, Georgia 2004-2010

CNC Machine Operator

Performed CNC machine operation and fabrication of parts per blueprint specifications. Operated test equipment and measuring equipment to ensure parts were made to proper specifications.

Stop and Save, Modesto, California 2001-2003

Cashier/Retail Clerk

Assisted customers with purchases of merchandise and fuel transactions, operated cash register. Store upkeep including product stocking and cleaning. Offered assistance to customers as needed.

Mask, San Jose, California 1989-1993

Forklift Operator

Operated forklift in a safe and efficient manner. Picked parts and supplies to be used in the CNC machines. Obtained forklift certification (not current).

Education

Thomas Downy High School, Modesto, California

Enter
Scan
Reject
unreachable

rest.

9/25/11 call vs back

Zachary Puza
215 10th St SE Apt #1
Rochester, Mn 55904
(262) 366-7842
Zacharypuza@gmail.com



College: 2009-2012 Crossroads College in Rochester, MN

- Associate of Arts

Jan to May of 2011 Waukesha County Technical College, WI

- EMT (Emergency Medical Technician) Trained

High School: 2005- 2009 Home School in Eagle, WI

- High School Diploma

Work Experience:

Present Rochester, MN

(507) 328-3700

- Paraprofessional with fourth grade: help student keep on track with teacher's lesson. Help teachers with projects and paper grading. Supervise children at lunch and Recess.

Zzest market and café: May 2011-Aug 2012 Rochester, MN

- Phone Number (507) 424-0080 Supervisor *Jerry or Bree*
- Washing dishes, serving food, cleaning of the store, little maintenance.

Crossroads College: May 2011-Aug 2012 Rochester, MN

- Phone Number (507) 288-4563 Supervisor *Roger*
- General maintenance, painting, shoveling snow, garbage removal, cutting grass, weed-wacking.
- Campus night security: locking up buildings, doing rounds to make sure campus is safe.
- I also coached soccer for the college after I graduated.

The Union House: Sep 2006-May2008 Genessee Depot, WI

- Phone (262) 968-4281 Supervisor *Patty*
- Washing dishes, bus tables, cleaning floors.

Phantom Ranch Bible Camp: July 2006- Aug 2011 Mukwonago, WI

- Phone: 262.363.6940 Program Director *Dan Mayer*, Maintenance Director *Mike Doud*.
- Maintaining cabins, cutting grass, weed-wacking, operate tractors to feed horses, move snow and other maintenance needs. Operate snow blower and shovel snow. Maintain lake ice for broom ball. Painting and general maintenance. Work alongside maintenance director.
- Paintball director and game coordinator. Set up paintball guns getting gear ready; instruct paintball rules and safety ref games. Fix broken paintball guns. Set up field games.
- Dish washer: clean dining hall, take out trash.
- Camp counselor: work with kids on activities and different projects.

~I did a little bit of everything got to learn a lot of different jobs and tasks.

Volunteer Work:

East Troy Bible Church Awana

- I was an Awana leader for 5 years with the church from back home. Work with boys from 3rd to 6th grade. Memorize Bible verses, led lessons, led game time.

Christ Community Church

- Worked with kids on Wednesday nights, talked with kids about how their week was going. I also ran their snack shack.

Phantom Ranch Bible Camp

- I volunteered with camp activities where ever they need for about a year before I got hired on staff.

Mission Trips

- Duluth Mn.
- Vero Beach Fl.
- Cincinnati Oh.

~On these different mission trips I did a variety of things. Working at food pantries, splitting wood, working on houses, outreach activities, cleaning, and other service projects.

Additional Information: I was captain of my soccer team in college for two years. Also I coach soccer after I graduated from Crossroads. I work hard in whatever I do to honor my last name. I am willing to learn new skills

References:

- *Dr Claudio Divino: 1 507 202 6459*
- Kirk Johnsen: 262-844-6286
- Dr Jerry Koskinen: 262-215-6100

David Jacob

626 E Center Street Apt #24

Rochester, MN 55904

Tel: (414) 640-1589 / email: jacob.davi@uwlax.edu alternate: d_jacob89@yahoo.com

EDUCATION

UNIVERSITY OF WISCONSIN-LA CROSSE, La Crosse, WI

Sept. 2007, May 2013

Major in Business Management

Minor in Economics

Background in Exercise and Sports Science

156 credits earned

MUKWONAGO HIGH SCHOOL, Mukwonago, WI

Sept. 2003, June 2007

EMPLOYMENT EXPERIENCE

SMS - Business Development Firm

June-July 2013

Senior Area Manager

Key Responsibilities/Details

- B2B Sales
- Establish and maintain relations between clients and/or new prospects
- Send business cards to corporate of new prospects daily
- Daily contact with co-workers and corporate via phone/Participate effectively in weekly conference calls
- Self-manage daily activity
- Present services of company to owners/presidents/officers through a convincing and relevant process

Coconut Joe's/Whiskey River Saloon, La Crosse, WI

Nov. 2008, Dec. 2011

Part-Time Manager (near full-time), Bartender, Head Bar-back, Door Host

Key Responsibilities/Details

- First in bar to open and last out to complete closing duties
- Track and strategize operations behind and outside of the bar
- Process financial data in a timely/accurate manner
- Contact investors of current sales
- Responsible for company safe holdings and to organize cash drawers for upcoming day
- Hands-on training with new employees
- Assume responsibility for General Manager and/or Assistant Manager when absent
- Track inventory to correctly order new product and reduce costs
- Create competitive advantage in a city with one of the highest bars per capita in the country
- Superior customer relationship skills to bring in and maintain repeated customers

United Mailing Service (UMS), Brookfield, WI

Summer of 2008

2nd Shift/Full-Time Warehouse Worker, Driver on Madison route

Key Responsibilities/Details

- Sort, package, and properly label bins. Assist fellow employees when needed
- Return from Madison on time with pick-ups
- Strongly emphasized individual performance

Kitchen Worker and Server

Key Responsibilities/Details

- Prepare and serve meals
- Clean-up and load trucks
- Responsible for driving equipment back to store and unload trucks

PROFESSIONAL SKILLS & KNOWLEDGE ACQUIRED THROUGH EDUCATION AND WORK

- Public speaking
- Financial analysis/budgeting
- Goal planning/setting
- Time/Task management
- Critical thinking
- Implementing sales strategy
- Marketing techniques
 - Marketing "game" for selected product with focus on SWOT (iPhone 4s)
 - Capstone project involving product development and financial forecast (golf bag cooler)
- Project Leadership
 - Capstone: Product development. Accepted communications leadership role
 - Appointed group lead on class project with Social Enterprise Association (SEA, a non-profit consulting company)
 - Assisted planning and participated in Cash Mob for local store in La Crosse

COMPUTER SKILLS

- Experience with Excel, PowerPoint, Microsoft Word, Prezi, POM 4 (Production Operations Management), Database
- Able to navigate social media

VOLUNTEER CAMPUS/COMMUNITY EXPERIENCE

- Participant in 2nd and 3rd Annual Rob Wagner Cancer Benefit Dance Show (\$10,000+ raised)
- Mitchell Hall weight room supervision as part of ESS 368 Strength and Conditioning class
- Polar Plunge contributor/participant for Special Olympics Wisconsin
- Good Neighbor Day
 - Assist in requested help by locals (i.e. yard work)

Athletic Achievements

- 2 years on UWL Football team
 - 4-year starter on UWL Rugby Club team
 - Ranked in nations top 25 for Division II last two years of participation
 - Midwest Regional Finals in 2010
-