

## Resume

Sheila Badovinac  
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Parker, Co 80138

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c720-218-1676

### Work – Fitness

VASA Fitness  
8200 S. Quebec st  
Centennial, Co 80112

December 2017  
Katherine P or  
Jessica 720-790-8272

Market myself and my classes to add participants to my classes, teaching safe, effective, fun and educating classes to members to help them reach personal fitness goals

Parker Recreation Center  
17301 Lincoln Ave  
Parker, Co 80138

March 2014 – 8/2016  
Jan -01 to Aug-01 &  
Hiliary Roomesberger

Helped with scheduling, additions and changes to the schedule and the childcare support to make fitness easier for more participants and helped add family classes to keep new fresh ways for the family to be fit together

303-841-4500

Parker Academy of  
Martial Arts 18632 Pony Express dr

Nov 06 – Aug 2012  
Pam Thompson  
(303-680-7404)

Parker, Co 80134

303-841-0515

Shred rented space to teach kickboxing and other fitness formats to a group of members who wanted smaller personalized programs, billing and member files

Lonetree Recreation Center  
102 Ridgeway cir  
Lonetree, Co

March 08 – 2017  
303-708-3500  
(Peggy Golden)

Teach safe, educating, effective and motivating classes that are scheduled, subbing classes to help out fitness team and helped with CPR and special events.

Chick-fil-a  
9091 Westview Rd  
Lonetree, Co

free standing by mall  
303-706-9595  
Mr. Jacobson

Cashier, closer -lunch help, counted drawers, helped with marketing efforts and catering  
2011

Lifetime Fitness  
Crown Crest blvd  
Parker, Co 80134

Open 2008-Feb 2010  
720-842-0800 #7  
Tami/Michelle

Opened the Parker location, moved some equipment, started all the classes (lifetime training, of specific class formats, and taught water fitness)

Kohls –Department store  
11485 Twenty Mile Rd  
Parker, Co

Mellisa (seasonal)  
Oct 2008- 3-2009  
303-805-5538

Seasonal help, cashiering, and store ad set up/inventory and ordering

Cherry Creek Recreation Centers  
Stroh Ranch location  
Parker, Co 80134

March 2009-Aug 2009  
(temp water sub)

Castle Rock Recreation Center

Feb 2014 – currently employed  
& Feb 2002 – Jan 2009  
303-660-1036  
Courtney Glass

2301 Woodlands blvd  
Castle Rock, Co 80109

Teach a variety of class formats to help our members stay fit for life and enjoy fitness as a safe and effective way to reach personal goals.

24 Hour Fitness  
11798 E. Oswego  
Englewood, Co 80112

August 2001- Feb 2002  
Still Sub (Laura/ Marty)

Pueblo Athletic Club  
51 Glen Royal dr  
Pueblo, Co 81005

1989 to1992  
1996 to 2000

Headed up 9 employees in the fitness department (scheduling, teaching and filing in when needed, making sure employees files were kept up to date and hiring and training of new instructors.

AFFA Certified since 1989

CPR certified and first Aid since 1989      AED

WSI (2016)-new

Spinning- Kaiser ride Cycle  
(LesMills)Body Pump

AAASI workshops certs

PiYo

Kickboxing with/out bags cert and general Step cert.

Shred / Will Power & Grace

I enjoy teaching Cycle classes Weighted Classes Land Classes of all types and Water PIYO and Pilates combo, Will Power and Grace and more.

I teach part-time – I am a full-time Mother of 3

I have started many new classes and built them up at all facilities and enjoy learning new fitness technique to mix with the cornerstones of fitness.

Please feel free to contact any Employers and here are a few references

Marilyn Vujcich  
Pueblo, Co  
719-647-2219

co-worker

Beth Heap  
Parker, Co  
303-618-1715

class Participant

Christine Avelar  
Parker, Co  
303-319-5543

friend /neighbor

Chrisine Suppas  
Parker, Co  
303-805-4314

friend/neighbor

Shannon Edson  
Parker, Co  
303-520-8002

friend/class participant and neighbor

Lori Brundage  
Parker, CO

friend/neighbor (babysitter for her  
kids)  
303-840-8058 303-929-2700

Work Experience general  
Part-time in College

**Major Video**

Lakewood, CO 1989

3<sup>rd</sup> manager 6mo to Full-time Manager in training and Marketing line for promotions.  
While in college in Denver,  
Duties: Mostly customer service and store image, hiring, training, inventory etc  
Store manager for 8 months

**Belmont Square Apartments**

Apartment Complex part-time manager  
General office, Renting units, deposits, collections etc

Belmont Square

Pueblo, Co 1990

**Best Western Hotel**

guest Check in /out  
Sales for big groups

Pueblo, co 1990

**Quality Inn Hotel**

Sales – Reservations  
Check in/out quests

Pueblo, co 1991

JC Penny departments stores  
Part-time department manager training

Westminster, Co 1991-93

**Denver Credit Union**

Denver, Co

reorganized  
Fulltime  
Teller/ marketing

1992-94

**Lowry Federal Credit Union**  
Teller/Loan Processing in training

1994-95

Moved

**Colorado State Employees Credit Union**

1995-96  
no

Moved  
facility in Pueblo, co

Teller/Weekend Head Reception and Loan Marketing

Helped with sick parent (terminal) and became a stay at home mom 1996 Pueblo

- Have worked home businesses Premier Jewelry and Scentsy candles
- Have kept teaching aerobics classes on-going and volunteer in childrens ministries -work about 6 hours a week there. (church)
- Maintain household and 3 children to activities
- PTA, School services (sales for concessions/ fund raising and library book sales), in room reading and math help,
- Fund raising for Daughters pageant, and the platform of mental disabilities (F & F for Freedom)