

# Rita Torok

## **Physical Therapist Assistant and Licensed Massage Therapist**

Naples, FL 34120

[rita.torok78@gmail.com](mailto:rita.torok78@gmail.com)

678-431-7079

Highly trained massage and physical therapist assistant with knowledge of a wide range of massage methods and techniques with a background in treating orthopedic injuries for a variety of clients. Seeking a part-time massage therapist position in a spa environment

Authorized to work in the US for any employer

## Work Experience

---

### **Physical Therapist Assistant**

Physician Regional Healthcare System - Naples, FL

2017 to Present

- Provided physical therapy treatments for patients with neurological, orthopedic and cardiopulmonary pathologies.
- Collaborated with interdisciplinary team comprised of physical and occupational therapists, speech-language pathologists, nursing staff and the medical doctors; established a safe and appropriate discharge plan

### **Physical Therapist Assistant**

Joint Replacement Institute - Naples, FL

2017 to 2019

- Implemented patient treatment plans in accordance with the PT plan of care and provided treatment of outpatient orthopedic and chronic pain patients
- Treated outpatient orthopedic patients; post-surgical shoulder and knee, RTC impingement
- Treatments included manual therapy, ROM, stretching, strengthening, modalities, soft-tissue massage. Maintained appropriate and timely documentation for all patients treated

### **Physical Therapist Assistant**

Aegis Therapies- The Arlington - Naples, FL

2016 to 2017

- Communicates with supervisor and other interdisciplinary team members regarding resident progress, problems, and plans ; Participated in care plan meetings with families
- Caseload from 8-12 patients per day and maintained high productivity

### **SPTA**

Jaffe Sports Medicine - Naples, FL

March 2016 to May 2016

### **SPTA**

Bonita Sports and PT Center, Inc - Bonita Springs, FL

August 2015 to December 2015

## **SPTA**

HCR Manor Care - Naples, FL  
January 2015 to March 2015

Naples, FL

## **Private Household Manager**

Self-employed - Naples, FL  
2005 to 2015

- Established strategic goals by gathering pertinent business, financial, service, and operations information; identified and evaluated trends and options; chose a course of action; defined objectives; evaluated outcomes
- Managed and prioritize workload and time effectively

## Education

---

### **Massage Therapy**

Bonita Springs School, Inc - Naples, FL  
September 2018 to June 2019

### **AS in Physical Therapy Assistant**

Broward College at FSW - Naples, FL  
September 2014 to May 2016

### **AA**

Edison State College  
2014

## Skills

---

- Physical Therapy
- Rehab
- Home Health

## Certifications and Licenses

---

### **Basic Life Support**

### **Physical Therapist Assistant**

### **PTA**

## Additional Information

---

- Highly trained massage and physical therapist assistant with knowledge of a wide range of massage methods and techniques with a background in treating orthopedic injuries for a variety of clients. Seeking a part-time massage therapist position in a spa environment

- Utilizes deep understanding of muscular systems, joint point, and body structure while assisting clients pain points and manipulating specific muscles and soft tissues to provide pain relief and to promote a better well-being
- Bilingual: English and Hungarian
- Computer proficient; Microsoft Word, Excel, PowerPoint, WebPT, Casamba, Orthopad, Cerner
- Licensed Massage Therapist (2019) and Physical Therapist Assistant (2016)
- BLS and AED (American Heart Association) certification