

# Rita Oliveras

## **Culinary Student - Work Options for Women**

Denver, CO 80204

[roliveras10@gmail.com](mailto:roliveras10@gmail.com)

(720) 276-8878

To obtain a sustainable position in the food service industry with an opportunity for growth.

## Work Experience

---

### **Food Service Worker**

Denver Public Schools - Denver, CO

March 2014 to Present

- Prepared meals and took into account customer food allergies
- Prepared beverages orders
- Prepped ingredients
- Sanitized kitchen, dishware and work station
- Assisted with general upkeep of kitchen and dining areas

### **Center cook**

Childrens corner learning center - Denver, CO

March 2013 to October 2014

- Prepared meals and took into account customer food allergies
- Prepared beverages orders
- Prepped ingredients
- Sanitized kitchen, dishware and work station

### **Culinary Student**

Work Options for Women - Denver, CO

2013 to 2013

Prepare and serve from-scratch food to 300+ customers daily

- Hands-on training next to skilled chefs
- Training in various stations: bakery, entrée, grill, salad bar, and production
- Entry-level knife skills and kitchen math

### **Dietary Aide**

Colorado Springs, CO - Center, CO

2011 to 2012

Colorado Springs, CO

- Followed dietary plans to serve meals and beverages to residents
- Maintained dining room for breakfast, lunch, and dinner
- Assisted with general upkeep of kitchen and dining areas

### **Housekeeping**

Penrose Main Hospital - Colorado Springs, CO

2010 to 2011

Oversaw general cleaning of operations rooms, lounges, locker rooms, and bathrooms  
- Sterilized operating room tables and equipment with appropriate cleaning materials  
- Swept, mopped, and dusted hallways and employee areas throughout

### **Movie Division Cook**

Tomkats Catering - New York, NY

July 2005 to October 2009

Prepared meals for 300-500 cast and crew members on movie sets  
Traveled to a variety of locations, cooking out of mobile kitchens  
Created dining and buffet areas out of empty spaces designated for catering

## Education

---

### **Diploma**

Wasson High School - Colorado Springs, CO

## Skills

---

- Dietary Aide Experience
- Catering
- Food Preparation

## Certifications and Licenses

---

### **driver's license**

## Additional Information

---

### QUALIFICATIONS

- ServSafe Food Handler's Card
- Bloodborne Pathogens Certification
- Effective problem solver
- Provides outstanding customer service
  
- Excellent teamwork
- Bilingual in Spanish and English
- Excels in a fast paced environment
- Remarkable sense of urgency