

Rhea Kopp

Physical Therapist Assistant - Solaris Health & Wellness Outpatient Clinic

Naples, FL 34103

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239 298 2692

Highly trained and dedicated physical therapist assistant who is well-versed in a broad range of programming, treatments, and modalities for restoring function and mitigating pain. Proven expertise in orthopedic therapy in outpatient setting.

Willing to relocate to: Massachusetts - Chicago, IL - Rhode Island

Authorized to work in the US for any employer

Work Experience

Physical Therapist Assistant

Solaris Health & Wellness Outpatient Clinic - Bonita Springs, FL

2012 to Present

- Collaborate with PTs regarding patient care
- Deliver evidenced-based therapeutic exercises to encourage a favorable outcome
- Communicate with Workman's compensation representative and disclosed assessment of patient's status; delivered objective and professional opinion regarding patient's return to work
- Develop fitness programs for patients transitioning from physical therapy to independent home program
- Supervise PTA students and teach them how to perform duties on a clinical site

Physical Therapist Assistant

Solaris Rehab LLC - Bonita Springs, FL

2012 to Present

- * Deliver excellent care to residents in ALF/SNF/Home Health
- * Demonstrate calmness during adversity by focusing on positive outlook
- * Educate patients and family members with physical therapy procedures
- * Administer Optima Healthcare Solutions to complete patient care

Physical Therapist Assistant

Premier Care Physical Therapy Outpatient Clinic - Bonita Springs, FL

2010 to 2012

- * Performed manual therapy procedures and educated patients and family members in diagnosis and care
- * Motivated and progressed patients within established POC
- * Prepared clinical notes in a timely manner
- * Conducted in-service discussions to update skills and knowledge

Student PTA

Manor Care - Lakewood, Premier Care, Jaffe Sports Medicine & Rehab - Naples, FL

2009 to 2010

- * Developed critical thinking skills and enthusiasm for meeting challenges
- * Acquired basic knowledge of physical therapy and manual procedures as well as physical medicine, occupational therapy modalities, anatomy, and physiology

Anchor Physical Therapy Department

Anchor Health Centers - Naples, FL

2002 to 2008

PT Technician

- * Assisted 4 PTs and 1 PTA in conducting exercises and therapies for patients
- * Delivered training to aides, ordering of supplies, and overall readiness of the facility

Education

Associate of Science in Physical Therapy Assisting in Physical Therapy Assisting

Broward State College - Coconut Creek, FL

Bachelor of Science in Exercise Science in Health Fitness

Springfield College - Springfield, MA

Skills

- Therapy
- Outpatient
- Healthcare
- Microsoft office
- Detail-oriented
- Physical Therapy
- Home Health
- Rehab
- Physiology Knowledge
- Anatomy Knowledge
- Personal Training

Certifications and Licenses

Basic Life Support

Physical Therapist Assistant

PTA

Additional Information

Skill Highlights

- * Outpatient therapy background
- * Skilled with therapy procedures
- * 9-year experience
- * Able to multi-task
- * McKenzie-method trained
- * Detail-oriented
- * Compassionate

TECHNICAL SKILLS

Microsoft Office Suites; Optima Healthcare Solutions, WebPT, Clinicient