

# Cleofas Quintana

**fast learner, and very hard worker**

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warehousing, machine operator, order puller, painter, roofing. Certified on forklift, pallet jack and polybag

## WORK EXPERIENCE

### **Order Selector**

Sysco food service - Denver, CO - October 2013 to Present

#### Responsibilities

Order select at 220 case's an hour, on triple pallet pallet jacks and build 3 orders at once then drop off at dock. We use scanners and printers to put stickers on the product.

#### Accomplishments

I love it here just seeing what else is out there

#### Skills Used

Long pallet jacks and build 3 order at once

### **Laborer**

Superior Contractors Demolition - Denver, CO - July 2013 to Present

#### Responsibilities

Drive in scissor lift and tear down walls, roofs, framing, floors etc. I use tools such as jack hammers, scissor lifts, sledge hammers, pry bars, and saws and grinders. Take down HVAC and clean up and separate metal, aluminium, wiring, and trash.

#### Accomplishments

I like the very physical demanding fast paced environment. I like how I learn something new every day and try to learn it as fast as I can.

#### Skills Used

I tear down walls, and framing pretty fast, and separate everything as I go to save myself the big mess.

### **Painter/taper**

Jacob's painting - Washington, DC - January 2013 to Present

#### Responsibilities

Fix the holes in walls, by patching and filling them. tape up all the joints, and seams. primer all of the walls, and shoot texture on the walls, and prepp for the painter's.

### **Machine Operator**

Publication Printers - Denver, CO - November 2012 to June 2013

#### Responsibilities

Operated the polybager at 4000 books an hour. Wrap the books up in plastic, and make sure the measurements are good. Also operated the shrink wrapper machine as well. Some nights I would have to run both machine's at once.

#### Accomplishments

I started off as a temp, but 3 weeks later became polybag operator, and shrink wrapper operator .

#### Skills Used

Run the polybag machine, make sure the measurements are perfect. Change different sized rolls of plastics which was about 50 lbs. Make sure I had the right version of the book. And on the shrink wrapper pretty much the same object, but slower machine.

When I had no work I would help out the other machine operators.

#### **Order Puller**

Coke Cola Refreshments - Denver, CO - April 2012 to July 2012

#### Responsibilities

Order pull in a safe and timely manor, I would average 230 case's an hour. Load and unload trucks, as well as replenish the warehouse.

#### Accomplishments

I got certified on pallet jack and forklift.

#### Skills Used

Order pull at 220 case's an hour to 250. Unload trucks, as well as load them on a sit dwn forklift.

#### **Order puller**

Dr Pepper Snapple Group - Denver, CO - April 2011 to April 2012

#### Responsibilities

Order pull in a safe and timely manor, on electric pallet jacks. Load and unload truck's, on sit down forklifts. Clean after everyshift, and replenish the warehouse.

#### Accomplishments

I hit the highest cases thrown in one night, 360 an hour at 3672 cases.

#### Skills Used

Pallet jack, and forklift

#### **Backroom Lead**

K Mart - Denver, CO - June 2009 to April 2011

#### Responsibilities

Lead a team of 5 people, make sure we unloaded the truck's on time. But the main things we had to do was , backroom locate all over stock and replenish the store. As the lead I would have to sign in all the vendors, and check them out. Check in all the fed ex and ups packages. Make sure that when any expensive merchandise comes in, I have to lock it up.

#### Accomplishments

Started as just a backroom associate, and worked harder and became the backroom lead in 6 months.

#### Skills Used

How when ever I work harder, their is more opportunities in the company.

## EDUCATION

Colorado's Finest Alternative High School - Denver, CO  
2010 to 2011

## SKILLS

forklift and pallet jack certified.

## CERTIFICATIONS

### **Forklift**

November 2012 to November 2016

Had to take a written test, as well as physical test.

### **Pallet Jack**

November 2012 to November 2016

Had to take a written test, as well as a physical one.

## ADDITIONAL INFORMATION

Im a very hard worker,as well as a fast learner. I always take pride in my work. Im great to work with a team, as well as alone. Im very friendly and easy to get along with.