

## **Paul Silva**

Arvada, CO 80002

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### **Professional Summary**

Safety-focused and certified Forklift Operator with over 15 years of experience in warehouse, distribution, manufacturing, and regulated environments. Skilled in operating sit-down forklifts and pallet jacks to safely load, unload, stage, and transport materials. Certified in food safety, quality control, and equipment operation. Proven ability to meet productivity goals while maintaining strict safety and compliance standards.

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### **Core Qualifications**

- Sit-Down Forklift Operation (Certified)
  - Pallet Jack Operation (Certified)
  - Loading & Unloading Trucks
  - Shipping & Receiving
  - Palletizing & Shrink Wrapping
  - Bill of Lading (BOL) Documentation
  - Inventory Handling & Staging
  - OSHA & Warehouse Safety Compliance
  - Food Safety & Quality Standards (SQF)
  - Regulated Industry Compliance
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### **Certifications & Licenses**

- **Forklift Certification**
- **Pallet Jack Certification**
- **Marijuana Enforcement License (MED Badge)** — Active (March 2025 – March 2027)
- **Food Handler Certification** — Active (October 2023 – October 2026)
- **ServSafe Certification**
- **Food Safety Certification**

- **Safe Quality Food (SQF) Certification**
  - **Flagger Certification**
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## **Work Experience**

### **Warehouse Shipping & Receiving Associate / Forklift Operator**

Natural Grocers – Golden, CO

April 2025 – Present

- Operate sit-down forklift to stage and load palletized orders for local and nationwide distribution
  - Wrap and secure pallets using shrink wrap equipment
  - Load outbound trucks efficiently to meet shipping deadlines
  - Process Bills of Lading (BOLs) and shipping documentation
  - Maintain organized, safety-compliant loading areas
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### **Fulfillment Warehouse Associate**

Amazon Warehouse – Thornton, CO

February 2020 – November 2024

- Picked and packed high-volume orders with accuracy and efficiency
  - Supported staging and material movement operations
  - Maintained strict adherence to warehouse safety protocols
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### **Maintenance Technician / Forklift Operator**

Wanco Inc. – Denver, CO

December 2009 – June 2014

- Operated sit-down forklift to transport materials across three warehouse facilities
  - Loaded/unloaded inventory and supported assembly line operations
  - Performed equipment troubleshooting and preventative maintenance
  - Managed pallet breakdown and material organization
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### **Order Fulfillment Specialist**

Walgreens – Denver, CO

December 2006 – April 2009

- Packed, palletized, and prepared outbound shipments
  - Ensured compliance with safety and quality standards
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**Medical Device Assembler / Warehouse Associate**

LivaNova – Arvada, CO

January 2000 – September 2005

- Assembled medical devices according to blueprint specifications
- Performed quality inspections and supported warehouse receiving

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