



October 15, 2014

Dan Zezza
Corporate Management Group
404 Broadway Ave
Saint Paul Park, MN 55071

RE: Employee: Ruth Ogud
DOB: 01/01/1971
DOI: 09/15/2014

Dear Mr. Zezza:

SUBJECTIVE:

Ruth returns now 1 month post right lower leg contusion. She is feeling improvement with her CAM walker. She is taking Tylenol for pain. She is working within her restrictions, sitting 50% of her work time.

REVIEW OF SYSTEMS:

Unchanged since I saw her on October 1, 2014.

OBJECTIVE:

Vital signs reviewed in the medical record were normal and Ruth is ambulatory with minimal antalgic gait. Right lower leg is normal in appearance with no swelling, no edema, and no ecchymosis. There is mild tenderness of the medial left calf but this is very minimal. No posterior calf tenderness. She still has tenderness around the lateral malleolus and foot region without swelling. Inversion and eversion slightly uncomfortable. She has no objective findings of swelling. Distal sensation and circulation intact.

ASSESSMENT AND PLAN:

Right lower leg contusion, convalescent with slow improvement. Symptoms out of proportion to physical findings. I will liberalize her work restrictions to permit occasional sitting. Lift/carry increased to 20 pounds, push/pull to 25 pounds, and final check in 2 weeks at which time I expect she will return to unrestricted work.

FINAL DIAGNOSIS:

Right lower leg contusion.

NEXT SCHEDULED VISIT:

October 29, 2014.

MMI: Undetermined. PPD: Undetermined.

NOTE:

History with AT&T Ethiopian interpreter with understanding judged to be excellent.

Sincerely,

Electronically signed by John Kipp, M.D. on 10/16/2014 1:22:00 PM CST / Onlviva
JK/RI205

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