

# Nicole Rivera

Naples, FL 34109

[10nickie23@gmail.com](mailto:10nickie23@gmail.com)

386-295-4448

## Work Experience

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### **Physical Therapist Assistant**

Collins Physical Therapy Institute - Naples, FL

May 2018 to Present

- Executed, Create and Modify programs for patients as recommended by the physical therapists for outpatient care.
- Instructed, supervised and educated patients of various populations/conditions in strengthening, neuromuscular re-education, functional activities and gait training.
- Skilled in administering physical agents such as ultrasound, electrical stimulation and manual therapy techniques to decrease pain and improve mobility in accordance with the physical therapist's plan of care.
- Responsible for observing, collecting and recording the necessary data for documentation.

### **Physical Therapist Assistant**

PERFORMANCE PHYSICAL THERAPY OF NAPLES, INC

January 2018 to May 2018

Executed treatment programs of patients as recommended by the physical therapists for outpatient care.

- Instructed, supervised and educated patients of various populations/conditions in strengthening, neuromuscular re-education, functional activities and gait training.
- Skilled in administering physical agents such as ultrasound, electrical stimulation and manual therapy techniques to decrease pain and improve mobility in accordance with the physical therapist's plan of care.
- Responsible for observing, collecting and recording the necessary data for documentation.

### **PTA student**

NCH GREEN TREE OUTPATIENT REHABILITATION

October 2017 to December 2017

- Firsthand experience of an outpatient facility under supervising PT
- Responsible for patient safety, treatments, and proper documentation.

### **PTA student**

NCH DOWNTOWN

July 2017 to August 2017

- Firsthand experience of inpatient rehabilitation under supervising PTA
- Responsible daily chart review, interdisciplinary communication, patient safety and treatments, hospital protocol, and proper documentation

## **Front Desk Associate**

FRONT DESK

July 2016 to October 2016

- Responsible for front desk duties
- Greeted members and provided essential information to gym protocols
- Informed and sold memberships

## **PROMOTIONS ASSISTANT**

SUN BROADCASTING

May 2015 to 2016

- Supervised Promotions team in day to day operation
- Responsible for courting clients, brand advertisement, and overseeing street team events

## **HEAD SALES ASSOCIATE**

SUN BROADCASTING

May 2015 to 2016

- Responsible for merchandising and advertising products on showroom floor
- Organized stockroom, conducted sales associate meetings, and facilitated deliveries from corporate headquarters
- Managed daily, weekly, and monthly financial reports

## **referee, scorekeeper, coach, and advisor**

ATHLETICS COORIDINATOR

2012 to 2014

AVE MARIA 2012- 2014

- Coordinated Intramural program which included several facilities in multiple athletic program disciplines
- Oversaw scores of employees and reported directly to Athletic Director
- Worked as referee, scorekeeper, coach, and advisor

## Education

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### **ASSOCIATES in Physical Therapist Assistant**

HODGES UNIVERSITY

2017

### **BACHELOR'S in Exercise Science**

AVE MARIA UNIVERSITY

2015

## Skills

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- ACCESS (Less than 1 year)
- EXCEL (Less than 1 year)
- MICROSOFT WORD (Less than 1 year)
- OUTLOOK (Less than 1 year)

- POWERPOINT (Less than 1 year)
- Rehab
- Physical Therapy

## Certifications and Licenses

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### **GTS- Graston Technique Specialist**

December 2018 to Present

- Procedure detects and treats areas of soft tissue lesions or adhesions in muscles, tendons and ligaments that can lead to pain and dysfunction.
- GT uses specially-designed stainless steel instruments with unique treatment edges and angles to glide along a patient's muscle, tendons or ligaments. When knots or bands of scar tissue are encountered, both the clinician and the patient sense a restriction or a granular feeling from the instrument.

### **Basic Life Support**

## Additional Information

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### Computer and Language Skills

- Computer: Proficient in Microsoft Word, Excel, PowerPoint, Works, Access, Outlook, Instagram, Facebook, Twitter, Vine, YouTube, SnapChat