

# Jeremy Nicklow

Normalville, PA

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## WORK EXPERIENCE

### **Laborer/Operator**

Spherion/Coe - Uniontown, PA - August 2013 to November 2013

#### Responsibilities

I was responsible for unloading trucks of office furniture and equipment safely onto the loading dock, then putting each piece away in the warehouse.

#### Accomplishments

When I first started they were doing 2 trucks a day, within a month we were doing 3 and ended up doing 4 trucks a few times. I learned to use proper technique and skills to get more work done in a safe manor.

#### Skills Used

I used my forklift skills. I did a lot of heavy lifting in a fast paced environment and was able to use the "bend at the knees and lift with your arms" skills I learned to prevent injury. I also sorted and separated the product by the labels, color, size ect.

### **Truck driver Apprenticeship/ Forklift operator**

Con-Way Freight - Irwin, PA - June 2010 to October 2010

#### Responsibilities

Everyday before using the forklift I did a full inspection. I unloaded and loaded trucks with anything from furniture to hazardous materials. I had to learn how to properly mark the trucks depending on what was inside. Anything I took off of a truck was scanned with a handheld scanner as well as anything put on a truck had to be scanned and put into the system.

#### Accomplishments

I successfully passed my forklift certification test. I learned how to safely handle hazardous materials. Every truck I loaded or unloaded successfully was such a good feeling knowing I got my job done without damaging or separating the product, so everyday was an accomplishment for me.

#### Skills Used

I demonstrated forklift operating skills, as well as proper material handling.

### **Laborer**

Amerigas - Ruffs Dale, PA - July 2008 to January 2009

#### Responsibilities

I started out sorting the tanks at a fast pace to get repainted, sandblasted ect. I also learned how to run the sandblasting machine, I also did data collection.

#### Accomplishments

I learned a lot about teamwork, some jobs cant be done properly without everyone on the same page, and I learned how to adapt to the situation so the job can be executed properly. I learned how to inspect the product

and make sure its perfect before being sent to the customer. A big accomplishment was when a spot opened up for data collection and knowing it came with more responsibilities, I was chosen for the job.

#### Skills Used

I used as well as improved my machine operating skills. I got to use skills that involved making judgement calls and I learned to be confident in my choices I made. I also used computer skills while doing data collection, making sure everything I typed in was accurate before moving on to the next item.

#### EDUCATION

##### **Diploma**

Connellsville Area Senior High - Connellsville, PA

2007