

Nestor Cabana

Physical Therapist Assistant

Clewiston, FL 33440

nestorcabana4_ez9@indeedemail.com

8632336274

Currently looking for part time/PRN/full time employment as a physical therapist assistant. Experience with both in/outpatient settings. I am willing to travel as needed.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

PTA

Cape Coral Health and Rehabilitation - Cape Coral, FL

January 2021 to Present

Carry out POC set in place by PT in SNF setting.

Primarily gait training, wheelchair management, education, and transfer training.

Physical Therapist Assistant

Optimum Wellness Center - Lehigh Acres, FL

June 2020 to Present

Carry out treatment plan under supervision of PT.

Progression of patients

Documentation

Manual therapy, modalities use.

Neuro reeducation, therapeutic exercises

Balance activities, work simulation.

PT Tech

ALLIED MEDICAL - Cape Coral, FL

December 2019 to May 2020

Assist with therapy sessions

Maintenance of the office

Data collection

Soft tissue work

LMT/PT tech

Multi-Care Medical - Fort Myers, FL

May 2018 to December 2018

Assist with therapy sessions

Maintenance of the office

Data collection

Soft tissue work

LMT/PT Tech

Lee Accident Care - Fort Myers, FL
August 2016 to May 2018

Care for car accident victims
Pain management
Daily note taking
Exercise programs
Trigger point therapy

LMT

Massage Luxe - Bonita Springs, FL
March 2017 to May 2017

Temporary part time position to cover shifts.

LMT

Bonita Springs Chiropractic - Bonita Springs, FL
August 2016 to October 2016

Independent Contractor

Education

Associate in Physical Therapist Assistant

Hodges University - Naples, FL
January 2019 to December 2019

Technical Certificate in Massage Therapy

Heritage Institute-Ft Myers - Fort Myers, FL
January 2016 to August 2016

Skills

- Bilingual
- Epic EMR
- Medical Terminology
- Casamba EMR
- Quick EMR
- Multiple Manual Therapy Techniques

Certifications and Licenses

LMT

August 2019 to August 2021

Renewal is complete

Physical Therapist Assistant

May 2020 to November 2021

BLS Certification

CPR Certification