



Allina Health Cottage Grove Clinic  
8611 W Point Douglas Rd S  
Cottage Grove MN 55016  
651-458-1884

Monique G McArthur  
9024 Jensen Ave S  
Cottage Grove MN 55016

February 7, 2019

To whom it may concern:

Return to work 2/8/19 as tolerated. If questions or for verification of this letter please call me at 651-458-1884.

Walid Mikhail MD/bl

# McArthur, Monique G

MRN: 1000419026

**Office Visit** 2/4/2019  
Allina Health Cottage Grove  
Clinic

Provider: Mikhail, Walid Adel, MD (Family Practice)  
Primary diagnosis: Injury of head, initial encounter  
Reason for Visit: Occ Med

## Progress Notes

Mikhail, Walid Adel, MD (Physician) • Family Practice

### Chief Complaint

Patient presents with  
• Occ Med  
DOI 2/4/19

Slipped  
Fell on right side shoulder  
Twisted neck  
Not sure is she hit her head or noto  
Had a mild ha , now gone

### Nursing Notes:

Earp, Cameron N 2/4/2019 9:39 PM Signed

Chief Complaint  
Patient presents with  
• Occ Med  
DOI 2/4/19

Cameron Earp LPN 2/4/2019 6:39 PM

f/u

### Patient Active Problem List

Diagnosis	Code
• Anxiety	F41.9
• Cognitive developmental delay, by report	F81.9
• Strabismic amblyopia of left eye	H53.032
• Anisometropia	H52.31
• Monocular exotropia	H50.10
• Refractive amblyopia	H53.029
• Overweight (BMI 25.0-29.9)	E66.3
• Personal history of perinatal problems - "Near miss SIDS"	Z87.898

### Current Outpatient Prescriptions on File Prior to Visit

Medication	Sig	Dispense	Refill
• meclizine (ANTIVERT) 25 mg tablet	Take 1 tablet by mouth 3 times daily if needed for Vertigo.	30 tablet	prn

- naproxen (NAPROSYN) 500 mg tablet      Take 1 tablet by mouth 2 times daily with meals.      60 tablet      0
- ondansetron (ZOFRAN ODT) 4 mg disintegrating tablet      Place 1 tablet on the tongue every 6 hours if needed for Nausea/Vomiting for up to 15 doses.      15 tablet      0
- polyethylene glycol (MIRALAX; GLYCOLAX) 17 g powder for solution      Take by mouth.
- prazosin (MINIPRESS) 1 mg capsule      Take 1 capsule by mouth at bedtime.      30 capsule      1
- sertraline (ZOLOFT) 100 mg tablet      100 mg in AM      30 tablet      1
- traZODone (DESYREL) 150 mg tablet      Take 1 tablet by mouth at bedtime.      30 tablet      1

**Current Facility-Administered Medications on File Prior to Visit**

Medication	Dose	Route	Frequency	Provider	Last Rate	Last Dose
• etonogestrel subdermal implant 1 Each (NEXPLANON)	1 Device	Subdermal	q 3 years	Chiou, Victoria, MD		1 Each at 11/07/18 1432

PSF reviewed today in the whole electronic chart  
Meds and allergies reviewed

no other complaints,denies any other cp,sob,gi or gu sx, rest of Review of Systems - negative

Reviewed any inhouse labs and xr's

vitals, above, NAD

HEENT neg  
NECK supple  
LN'S no cervical or supraclavicular lymphadenopathy  
ENDO no thyromegaly  
PULM clear  
CV Regular rate no m or g  
GI abd soft no r or g  
NEURO grossly non focal , but CN's difficult due to amblyopia  
SKIN no obvious or diffuse rash  
JOINTS no obvious deformities  
EXT no edema

ICD-10-  
CM

1. Injury of head, initial encounter S09.90X  
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### Other Notes

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 Nursing Note from Earp, Cameron N

### Instructions

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After Visit Summary (Automatic SnapShot taken 2/4/2019)

### Additional Documentation

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Vitals: BP 130/81 (Cuff Site: Left Arm, Position: Sitting, Cuff Size: Adult Regular Long) Pulse 66  
Wt 71.7 kg (158 lb) BMI 29.85 kg/m<sup>2</sup> BSA 1.76 m<sup>2</sup>  
Flowsheets: Ambulatory Vitals, Custom Formula Data  
Encounter Info: Billing Info, History, Allergies, Detailed Report

### Linked Episodes

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head, right shoulder, low back Noted 2/4/2019

### Orders Placed

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None

### Medication Changes

As of 2/4/2019 6:39 PM

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None

### Visit Diagnoses

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Injury of head, initial encounter S09.90XA