



Mohamed M Haybe
10/27/2015 ED
MRN: 4086116

Description: **Male DOB: 1/1/1978**
Department: **Ed Emergency Dept**

Thank you for trusting Hennepin County Medical Center's Emergency Department or Urgent Care with your health care needs. We are committed to your ongoing health and wellness. If you have any questions or concerns, please ask. You are the most important member of your health care team, and understanding your discharge instructions is key to maintaining your health.

ED Arrival Information

Arrival
10/27/2015 16:36

You Were Diagnosed With

- Open nondisplaced fracture of distal phalanx of left middle finger, initial encounter - Primary
- Open nondisplaced fracture of distal phalanx of left ring finger, initial encounter

Discharge Instructions

Discharge date and time: 10/27/2015 21:06

| | <p>Call Doctor or Health Care Provider:</p> <ul style="list-style-type: none"> Return to the Emergency Department if your pain or symptoms get worse. For all emergencies call 911. For questions : <ul style="list-style-type: none"> Monday - Friday 8 a.m. - 4 p.m., call your clinic. Weekends, holidays, and after hours, if you have health insurance, call your insurance nurse line. | | | | | | | | | | |
|----------------|--|----------------|--------------|------------------------|--------------|------------------------|--|--|--|--|--|
| | <p>Appointments for you to make:</p> <p>Follow-up Information</p> <table border="1"> <thead> <tr> <th>Follow up With</th> <th>Details</th> <th>Comments</th> <th>Contact Info</th> <th>Additional Information</th> </tr> </thead> <tbody> <tr> <td> </td> <td> </td> <td> </td> <td> </td> <td> </td> </tr> </tbody> </table> | Follow up With | Details | Comments | Contact Info | Additional Information | | | | | |
| Follow up With | Details | Comments | Contact Info | Additional Information | | | | | | | |
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HCMC
Orthopaedics
Clinic

For wound check; call the hand clinic for an appointment on Monday 11/2/2015

701 Park Ave
B1.350
Minneapolis
Minnesota 55415
612-873-6963

Phone: (612) 873-6963
Located on the 1st Level of the Blue Building. Enter at the Blue Entrance at 900 S. 8th St. Parking available in the Hospital Ramp on S. 8th St (across from the Blue entrance).
Wayfinder address: B1.350

Please call to make your appointment. You can call your Hennepin clinic to make an appointment Monday-Friday 7:30am-9:00pm and Saturday and Sunday 8:30am-5:00pm.

Existing appointments at Hennepin departments for the next 2 months:

*Note - this does not include Day Treatment or Partial Hospital appointments:

October 2015

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|--|-----------|----------|--------|----------|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | | XR GEN RAD A 15 5:10 PM (15 min.) R1 XRAY 1/2/3/4 HCMC XRAY XR GEN RAD A 15 7:35 PM (15 min.) R1 XRAY 1/2/3/4 HCMC XRAY | | | | |

1. In your Internet browser, go to www.hcmc.org and click the MyChart button or go to www.MyChart.hcmed.org.
2. Click on the **Sign Up Now** link in the Sign In box. You will see the New Member Sign Up page.
3. Enter your MyChart Access Code exactly as it appears below. You will not need to use this code after you've completed the sign-up process. If you do not sign up before the expiration date, you must request a new code.

MyChart Access Code: KBWZ8-T6D3M-6X2PB

Expires: 11/26/2015 9:08 PM

4. Enter the last 4 digits of your Social Security Number (xxxx) and Date of Birth (mm/dd/yyyy) as indicated and click **Submit**. You will be taken to the next sign-up page.
5. Create a MyChart ID. This will be your MyChart login ID and cannot be changed, so think of one that is secure and easy to remember.
6. Create a MyChart password. You can change your password at any time. Please note that your MyChart password cannot contain any of the characters or words in your MyChart ID.
7. Enter your Password Reset Question and Answer. This can be used at a later time if you forget your password.
8. Enter your e-mail address. You will receive e-mail notification when new information is available in MyChart.
9. Click **Sign Up**. You can now view your medical record.

Additional Information

If you have questions, you can email MyChartSupport@hcmed.org. Remember, MyChart is NOT to be used for urgent needs. For medical emergencies, dial **911**.

If you are unable to attend or if you are going to be late, please call the service or clinic.

HCMC Buildings and Entrances:

- P = Purple Building - use the 717 South 6th Street or 716 South 7th Street entrance
 - R = Red Building - use the 730 8th Street entrance
 - O = Orange Building - use the Blue or Red entrance
 - G = Green Building - use the Blue or Red entrance
 - B = Blue Building - use the 900 South 7th Street or 913 South 7th Street entrance
 - S = Shapiro Building - use the 900 South 7th Street or 913 South 7th Street entrance
- (Example: S1.140 Is Shapiro 1st floor, room 140)



Transport #s:

- MA/MNET - 1.866.467.1724
- Blue Cross Blue Shield - 651.662.6013
- Medica - 952.992.2322
- MHP - 1.800.647.0550
- Ucare - 612.676.6830



A Financial Counselor can be reached at the following numbers after you have been discharged from the Emergency Department.

- Emergency Department Financial Counseling 612-873-9358 (7:30am to Midnight, Monday – Friday)
- Main Line Financial Counseling 612-873-2767

What You Should Know About Opioid (Narcotic) Medicine:

- Your healthcare provider ordered an opioid (narcotic) medicine to treat your pain.
 - The goal of your opioid medicine is **not** complete removal of pain.
 - The goal is to provide for you a safe and functional life.
 - Since opioids do not take away all of your pain, we will tell you of other ways you can control your pain along with the opioid medicine.
- **Important** information when you are taking opioid medicine:
 - It is illegal to drive when you are taking opioid medicine. Even if your doctor told you to take opioids, you cannot drive.
 - This medicine may affect your ability to focus and carry out important activities such as work or parenting.
 - This medicine and all medicines should be kept in a safe place to avoid the risk of theft.
 - Keep all medicines, especially opioids, out of the reach of children.
 - Constipation is common when taking opioids. Your doctor may order medicine to help with constipation.
- Taking opioid medicine consistently over time may make your body **dependent** on it.
 - If this happens, the medicine should be slowly decreased by your doctor

- and not stopped suddenly.
- If you stop taking your opioid medicine suddenly, you may feel a flu-like illness.

Lab Results

None

Imaging Results

XR HAND LEFT 3 V PA/OBL/LAT* (Preliminary result)

Result time: 10/27/15 20:05:11

Preliminary result

Impression:

Impression: Interval soft tissue repair.

Reading Radiologist: Punjabi, Gopal

Reading Resident: ,

Narrative:

Clinical history: Post repair

Comparison: Earlier same day

Findings: Interval soft tissue repair. Minimally angulated tuft fractures, alignment improved from previous. Punctate foreign bodies in the fingers remain.

XR HAND LEFT 3 V PA/OBL/LAT* (Final result)

Result time: 10/27/15 17:50:15

Final result

Impression:

Impression: Extensive soft tissue injury with partial amputation of the distal phalanx of the third and fourth digit.

Reading Radiologist: Punjabi, Gopal

Narrative:

Clinical history: Trauma

Comparison: None

Findings: Extensive punctate metallic debris about the fingers. Tuft fractures of the third and fourth digits with soft tissue injury. No other definite fracture is seen. Mild degenerative changes in the wrist.

EKG Results

None

Allergies as of 10/27/2015

No Known Drug Allergies

Medication List

START taking these medications

cephalexin 500 mg Capsule

Commonly known as: KEFLEX

Take 1 capsule (500 mg) by mouth four times daily for 5 days.

oxyCODONE 5 mg tablet

Commonly known as: ROXICODONE

Take 1-3 tablets (5-15 mg) by mouth every six hours as needed for Pain. Earliest Fill Date: 10/27/15

Where to Get Your Medications

You need to pick up these prescriptions. We sent some of them to a specific pharmacy. Go to these places to get your medications.

HCMC Discharge Pharmacy - Red LL

- cephalexin 500 mg Capsule

701 Park Avenue Red Building,
Lower Level
Minneapolis MN 55415

Phone: 612-873-8586

Hours: 24/7

You may get the following medications from any pharmacy

- oxyCODONE 5 mg tablet

Medicine taken at the hospital from 10/27/2015 1636 to 10/27/2015 2108

| Date/Time | Order | Dose | Route | Action |
|--------------------|---|-------|-------------|---------|
| 10/27/2015 1658 | oxyCODONE (ROXICODONE) tablet 10 mg | 10 mg | Oral | Given |
| 10/27/2015 1843 | ceFAZolin (ANCEF) 1g in 50mL D5W IVPB 1 g | 1 g | Intravenous | New Bag |

About Your Medicines:

This is your **current medicine list** based all or in part on information you gave us. Call your primary doctor or clinic, or send a MyChart message if:

- You have medicines at home that are not on this list.
- You have medicines at home that do not have the same name, dose or amount as the list.
- You have other questions or concerns.

Maintain a list of your medicines and **carry it with you** at all times to show your doctor and in case of an emergency.

- Update the information when medicine is stopped, doses are changed, or new medicines are added (including over-the-counter medicine).

Safe Medicine Use

- Make sure you read the label and understand how to use your medicine.
- Do **not** chew, crush or break any capsules or tablets unless told to do so.
- Do **not** store these medicine in the bathroom medicine cabinet or in direct sunlight.
- Store your medicine where children **cannot** see or reach them. Store in a locked box or cabinet.
- Get rid of old or expired medicines and medicines that are no longer being used.

HCMC Pharmacy (YOU WILL BE EXPECTED TO PAY YOUR CO-PAY)

All prescriptions for the Emergency Department and Express Care will be filled in the Red Lower Level (RL.130) pharmacy unless being sent to an outside pharmacy.

Your Vital Signs

| | | | | | |
|----------------|-------|-------------------|--------------|------|----------------|
| Blood Pressure | Pulse | Temperature | Respirations | SpO2 | Smoking Status |
| 118/66 mmHg | 82 | 36.3 °C (97.3 °F) | 18 | 100% | Never Smoker |

Immunization History

| | | |
|----------------------|---------------------------------|----------------------|
| Hep B - Adult | 9/17/2014, 5/26/2014, 3/25/2014 | Reviewed on 4/2/2015 |
| IPV | 9/17/2014 | |
| MMR | 3/25/2014, 6/15/2011 | |
| Td | 3/25/2014 | |
| Tdap | 4/16/2015 | |

Additional Information

The examination and treatment that you received today has been provided on an emergency basis and is not intended to be a substitute for complete medical care.

We are providing you with a printed copy of your After Visit Summary. This will help you understand the care you received in the Emergency Department or Urgent Care and prepare you for your return home.

Please be aware of the following:

1. It is impossible to recognize and treat all of the symptoms of injury or illness in a single visit to the Emergency Department or Urgent Care.
2. If you had an X-Ray taken while you were being cared for in the Emergency Department or Urgent Care, it has been read by the Emergency Department or Urgent Care Provider only. A final review of the X-ray will be made by the Radiologist. If necessary you will be notified of the findings of the final review.

We care about your health. If you or someone in your home smokes, please consider quitting. We can help you or your family members quit. Tobacco Dependence Clinic has lots of ways to help. Call 612-873-2300 (Monday-Friday 8 a.m. - 4:30 p.m.), or call the Minnesota Quit Plan at 1-888-354-7526.

Your Opinion Counts! - Please fill out and return the patient satisfaction survey if you get one in the mail.

HCMC web site: www.hcmc.org

Access MyChart at www.mychart.hcmc.org

Thank you for your interest in enrolling in **MyChart**. Please follow the instructions below to securely access your online medical record. MyChart allows you to send messages to your doctor, view your test results, renew your prescriptions, schedule appointments, and more.

How Do I Sign Up?