



MIKE VIGIL

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Summary

Punctual Laborer skilled at supporting [Type] operations. Trained in safely loading and unloading materials and cleaning and preparing worksites. Physically fit and agile individual comfortable operating job-related machinery and lifting heavy loads.

Reliable Labor Worker comfortable handling physically demanding tasks across long shifts and through problematic weather conditions. Proven resourcefulness and handling of difficult labor projects. Juggles multiple tasks to keep assignment timelines on schedule. Established reputation for punctuality and dedicated work ethic.

Attentive Laborer with expert skills in concrete finishing and carpentry. Collaborative team player committed to following safety practices and eliminating hazards. Strictly follows project plans and specifications to complete quality, code-compliant work.

Hardworking [Job Title] well-versed in handling materials, operating machinery and supporting overall team and project needs. In-depth knowledge of compliance mandates governing site and worker safety. Focused on helping complete skilled work under deadlines.

Disciplined [Job Title] with passion for supporting highest quality construction. Natural builder with manual dexterity, depth perception and reading and math skills to add value to diverse job site roles. Committed to learning skilled trades and to long-range career in field.

Skills

- Rotary tillers
- Safety procedures
- [Type] inspections
- Troubleshooting specialist
- Equipment repair
- Equipment maintenance

Experience

Robert Colaroso | Arvada , CO

General Laborer

02/2020 - 12/2021

Operated heavy equipment. Performed tasks repeatedly to build streets and parking lots. Sidewalks, etc.

- Met company and OSHA safety guidelines for work site operations to minimize worker risk.
- Used picks and shovels to dig, spread and level dirt and gravel.
- Completed variety of physical labor tasks.
- Demonstrated experience with construction work.
- Understood and followed oral and written directions.
- Mixed, poured, and spread concrete, asphalt gravel and other materials.

KFC | Broomfield , CO

Cook

02/2019 - 02/2020

Operated ovens, fryers and mixers safely to prevent kitchen accidents and machinery malfunction.

- Retained consistent quality and high accuracy when preparing identical dishes every day.
- Grilled and deep fried various foods from meats to potatoes.
- Maintained safe operations of food prep equipment to reduce complications and retain safety procedures.
- Regulated oven, broiler and roaster operations for cooking at correct temperatures.
- Used standardized recipes and other instructions to prepare food.

Precise Mechanical | Thornton , CO

HVAC Technician

09/2011 - 05/2017

- Operated grills, fryers and broilers to cook items to quality guidelines.
- Followed established procedures and requirements for safe food handling, storage and service.
- Troubleshoot and diagnosed issues with HVAC equipment, providing recommendations for remediation.
- Maintained and serviced HVAC systems and refrigeration equipment.
- Installed heating, air conditioning and ventilation equipment and tested for proper operation.
- Completed preventive maintenance on heating and air conditioning systems to extend life of such equipment.
- Disassembled units, repaired broken components and restored to operating condition.
- Examined heating and air conditioning systems and air compressors for signs of defects or malfunction.
- Installed, maintained and repaired commercial refrigeration systems.

Education and Training

Skyview High School | Thornton, CO

GED

05/1998