

Michael Seals

Aurora, CO 80016

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Work Experience

Line Cook

Noonan's Sports Bar & Grill - Aurora, CO

2022 to 2023

Warehouse Associate and Forklift Operator

Forward Final Mile - Englewood, CO

2019 to 2021

- Received and cataloged and sorted appliances for delivery and warehouse backstock
- Forklift and clamptruck certification
- Accurately maintained Forklift maintenance logs
- Excelled in a fast paced working environment without sacrificing safety
- Trained for Delivery and installation of all commercial and domestic appliances
- Best installation team 2yrs

Before and After School Teacher

La Petite Academy - Aurora, CO

2014 to 2018

Education

High school diploma

Smoky Hill High School - Aurora, CO

2006 to 2009

Skills

- Kitchen Experience
- Cooking
- POS
- Food Preparation
- Food Safety
- Busser
- Clamp Truck Experience
- Order Picker
- Pallet Jack

- Materials Handling
- Forklift
- Load & Unload
- Kitchen Management Experience
- Delivery Driver Experience
- Order Picking
- RF Scanner

Certifications and Licenses

Forklift Certification

2020 to Present

Forklift, clamp truck, push cart and electric pallet jacks