

# Mark Sims

Thornton, CO 80260

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I am a motivated freight associate with recent experience with stand-up and sit-down forklifts looking for a position as a forklift operator. I also have previous experience as a maintenance mechanic in a manufacturing environment, and as a CNC operator.

Authorized to work in the US for any employer

## Work Experience

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### **Freight Team Associate**

The Home Depot - Westminster, CO

September 2022 to July 2023

Overnight Freight Team Associate responsible for operating a range of powered equipment including sit-down forklift, standing forklift, reach truck, electric pallet jack, and order picker to unload product from trucks and stock product on shelves.

### **Machine Mechanic**

Aplicare - Meriden, CT

February 2018 to February 2020

Responsible for repair, maintenance, setup, and operation of 2-7 medical packaging and filling machines in a fast paced, sterile, cGMP environment.

### **Field Service Engineer Engineer Apprentice**

Trumpf - Farmington, CT

May 2016 to June 2017

Completed 1 year of a state accredited apprenticeship program that involved learning how to service Trumpf flatbed laser systems. The program included direct interaction with many customers, 3 months stay in the machine assembly department, 3 months in the laser assembly department, other departments including quality assurance and safety.

### **Machine Operator**

Adecco - Thompson, CT

August 2015 to January 2016

Responsible for operating a battery of injection molding presses, first article qualification, daily visual/measurement inspection, inventory of finished product, following OSHA and GMP safety requirements. Responsibilities also include assisting technicians in performing repairs, maintenance, and troubleshooting defects.

## Education

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### **Certificate in Advanced Manufacturing Machine Technology**

Naugatuck Valley Community College - Waterbury, CT

August 2015 to May 2016

### **High School Diploma**

Farmington, CT

2016

## Skills

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- Machine assembly (1 year)
- Flatbed laser operation, maintenance, repairs, and programming (1 year)
- Quality control and inspection (2 years)
- High power laser assembly, calibration, and testing. (Less than 1 year)
- CNC Mill setup, operation, and basic programming (Less than 1 year)
- CNC lathe setup, operation, and basic programming (1 year)
- High precision metrology (Less than 1 year)
- Autocad (Less than 1 year)
- Microsoft Office (4 years)
- Statistical Analysis (Less than 1 year)
- Medical packaging machine maintenance (1 year)
- Medical packaging machine setup and changeovers (1 year)
- Calipers
- Micrometer
- Coordinate Measuring Machine
- Assembly
- SolidWorks
- GD&T
- Forklift (1 year)
- Stand up Forklift (1 year)
- Sit-down forklift (1 year)

## Certifications and Licenses

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### **Driver's License**

## Assessments

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### **Mechanical knowledge — Proficient**

January 2022

Understanding and applying mechanical concepts and processes

Full results: [Proficient](#)

### **Manufacturing fit — Proficient**

February 2022

Measures the traits that are important for success in manufacturing roles

Full results: [Proficient](#)

### **Attention to detail — Proficient**

February 2022

Identifying differences in materials, following instructions, and detecting details among distracting information

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.