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FACSIMILE TRANSMISSION

DATE 5-1-08 FAX # 507-562-6800

TO Ashley FROM Dee Dee

CMG Medical Recs

(wo) Ext. 138

RE Maria Morales PAGES 2 (including cover)  
DOB: 6-11-58

COMMENTS Office note & work slip 4/15/08

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**IOWA LAKES ORTHOPAEDICS & SPORTS MEDICINE, P.C.**  
**2309 23RD STREET**  
**P.O. BOX 273**  
**SPIRIT LAKE, IA 51360**  
**(712) 336-5311**

**Provider:** JAMES DONOHUE MD

**Location:** Worthington

PatientID: W158607

Patient Name: MARIA G MORALES DE CORNEJO

Date of Birth: 06/11/1958

Date of Service: 04/15/2008 03:13 pm

The patient returns today with an interpreter. On questioning, she has been provided with modified duty within her previous restrictions. She appears to be tolerating this well. She relates that some days, she has discomfort in her right shoulder and hand and other days she is asymptomatic. Overall, she feels she is improving.

**PHYSICAL EXAMINATION:** demonstrates full ROM of the right shoulder with minimal discomfort. CMS is intact.

Evaluation of the right hand reveals nodularity along the flexor tendon of the A1 pulley flexor tendon of the long and ring finger proximal to the A1 pulley but no triggering is noted with pressure over this area and flexion/extension of the digits.

**ASSESSMENT:**

1. Right upper extremity dysfunction - improved.
2. Stenosing tenosynovitis right long finger - improved.

**PLAN:** My recommendation is to have the patient continue with her current restrictions which include:

- 1) Avoid repetitive gripping, pushing, or pulling with the right upper extremity.
- 2) Limit the use of the right upper extremity to chest level or below.

I will have her follow these restrictions over the next 2 months and I will reevaluate her at that time. At that juncture, a decision will need to be made on whether to recommend long term restrictions versus return to regular duty. Based on her previous history, it is unlikely that the patient will return to unrestricted duty. This will be discussed with her through the interpreter at time of f/u.

JMD/pal

cc: W/C

Electronically Signed by: J. Michael Donohue, M.D. on Monday, April 28, 2008

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**Provider:** JAMES DONOHUE MD

**Location:** Worthington

PatientID: W158607

Patient Name: MARIA G MORALES DE CORNEJO

Date of Birth: 06/11/1958

Date of Service: 04/15/2008 10:55 am

MARIA G MORALES DE CORNEJO  
RETURN TO RESTRICTED DUTY WORK  
RETURN TO WORK DATE 04/15/2008

Same current restrictions.

I will reevaluate the patient in 2 months.

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J. M. Donohue, M.D.

Date: 4/15/2008