

Luis Palacios

Entrepreneur, focused, hard worker, bilingual

Loveland, CO

luispalacios29_xk3@indeedemail.com

970-825-3603

Ability to multitask, bilingual Spanish, English

Best point of contact email. Eager and ready to learn more

#readytowork

Authorized to work in the US for any employer

Work Experience

Warehouse Production

Kelly Services - Loveland, CO

January 2019 to February 2020

- ability to organize merchandise efficiently
- experience operating electric pallet jack
- Proven ability to stand and work continually for long hours
- Demonstrated ability to understand and follow instructions
- shipping and receiving
- Quality control, inventory count

Line Cook/Prep

Metrolux 14 - Loveland, CO

July 2019 to January 2020

- *Setting up and stocking stations with all necessary supplies
 - *Preparing food for service (e.g. chopping vegetables, butchering meat, or preparing sauces)
 - *Cooking menu items in cooperation with the rest of the kitchen staff
 - *Clean up station and take care of leftover food
- Stock inventory appropriately
- *Ensure that food comes out simultaneously, in high quality and in a timely fashion
 - *Comply with nutrition and sanitation regulations and safety standards
 - *Maintain a positive and professional approach with coworkers and customers

Production Worker

Canyon Bakehouse - Fort Collins, CO

January 2019 to June 2019

- Production case pack
- Operate and maintain Machine conveyor
- Build pallets
- Wrap order
- Operate pallet jack
- Keeping work area swept and sanitized

- Dumping and weighing any waste
- Maintaining PPE
- Assist team with additional production

Admissions Representative

US Career Institute - Fort Collins, CO

March 2018 to May 2018

1. Assisting customers/students over phone with enrolling in courses
2. Data entry
3. Account management
4. Scheduling call backs
5. Knowledge of all the institutes courses
6. Call transfers to correct departments

Cook

Smokin fins - Fort Collins, CO

April 2017 to February 2018

- *Cooking a number of seafood entrees from Salmon, Shrimp, Calamari, Mahi Etc.
- *Frying and battering, plating Multiple appetizers and specials in a timely manner.
- *Grilling multiple entrees such as cod, pork, steak tacos and sandwiches.
- *Working with raw fish, rolling basic sushi rolls and deserts.
- *Prepping a number of menu entrees and appetizers.

DMO

Whole Foods Market - Fort Collins, CO

December 2016 to March 2017

Line Cook/Prep Cook

CB and Potts Restaurant - Fort Collins, CO

June 2016 to October 2016

- *Accomplished and learned to multi-task effectively and more efficiently in a more fast paced environment.
- *Responsible for prepping and cooking a list of 40 items on the menu and keeping station clean and sanitized at all times.
- *knife skills
- *Grill experience, Fryer experience
- *ability to read and cook several tickets at once in a timely manner.

Prep cook/ cook

Village inn - Longmont, CO

January 2016 to May 2016

- Accomplished training on decorating and baking pies and preparing a list of food on the menu.
- *weighing, chopping, portioning, baking and frying
- *Keeping clean and sanitized work stations, Additional side work included *mopping and sweeping floors and wiping counters.
- *acknowledgement reading and following recipes
- *knife skills
- *fast paced

Dishwasher, prep cook

Jackson's bar and grill - Denver, CO

February 2015 to November 2015

Responsibilities

Operate dishwasher machine in a timely manner, fast paced work environment, wipe down surfaces and dish machine, helped close kitchen every night, sweeping, moping and cleaning mats, on downtime, portioning and helping prep.

Accomplishments

Working at fast paced restaurant, hours of standing, fast cleaning and prepping, learned how to operate machine

Skills Used

Standing for up to 14 hours a day, fast paced washing and sanitizing dishes, portioning food for next day, dishwasher machine operator.

Education

High school or equivalent diploma

Estes Park High School

Skills

- Customer Service Representative (2 years)
- Culinary/food service (2 years)
- Manufacturing/Production (1 year)
- Shipping Receiving
- Shipping
- Warehouse Associate (1 year)
- Pallet Jack
- Food Preparation
- Packaging (1 year)
- Cold Calling (Less than 1 year)
- Kitchen Experience
- Food Safety
- Computer Operation
- Spanish

Assessments

Work Style: Reliability — Highly Proficient

January 2020

Tendency to be dependable and come to work.

Full results: [Highly Proficient](#)

Cooking Skills: Basic Food Preparation — Highly Proficient

May 2020

Preparing food, using cooking equipment, and converting ingredient measurements.

Full results: [Highly Proficient](#)

Customer Service — Proficient

June 2020

Identifying and resolving common customer issues.

Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.