

LEO HURTADO

6346 Highlands in the Woods Ave.

Phone: (863) 255-3901

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OBJECTIVES

Obtain a job in which I can assist patients with their debilitating physical conditions through the application of therapeutic techniques and equipment that can improve the patient's muscle strength and condition through mobility, alleviation of pain, and various coping techniques with permanent disabilities

WORK EXPERIENCE

PHYSICAL THERAPIST ASSISTANT - (AUGUST 2013 - PRESENT) **Spring Lake Rehabilitation Center - Winter Haven, FL**

- * **Certified Clinical Instructor**
 - * **Aquatic Therapy specialist**
 - * **NASM PT**
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- ▶ Provide quality, compassionate care in a secure setting under the supervision of the Physical Therapist
 - ▶ Implement the resident's Care Plan for rehabilitation, help mentally and/or physically impaired residents to participate in tasks to restore, reinforce, and enhance their performance
 - ▶ Communicate resident's progress or problems to supervisor and other team members
 - ▶ Assist with residents scheduling and post charges daily to resident's records
 - ▶ Document resident's care in accordance with regulatory, licensing, payer and accrediting requirements
 - ▶ Instruct resident's family or nursing staff in follow-through programs
 - ▶ Maintain equipment and work area in a safe and clean condition
 - ▶ Treatment of patients from low to high level with the competence to perform exercises and treatment with safety and efficiency to achieve the patient's individuals short and long-term goals
 - ▶ Specialize with amputee, geriatric and bariatric patients

PHYSICAL THERAPIST ASSISTANT - CLINICAL ROTATIONS (JULY 2012 - MAY 2013)

Velocity Rehab (Winter Haven, Florida)

Spring Lake Rehab (Winter Haven, Florida)

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Coastal Orthopedics (Bradenton, Florida)

- ▶ Contributed to Physical Therapist effectiveness by identifying patient care issues
- ▶ Provided information and commentary; recommending options for our patients
- ▶ Implemented physical therapist directives
- ▶ Documented patient care services by charting patient and department records
- ▶ Performed therapeutic procedures by administering manual exercises; instructing, encouraging, and assisting patients in performing physical activities, such as:
 - Non-manual exercises
 - Ambulatory functional activities
 - Daily-living activities using supportive devices, such as crutches, canes, and prostheses
- ▶ Instructed and counseled patients by describing therapeutic regimens
- ▶ Promoted wellness and health maintenance
- ▶ Provided continuity of care by developing patient management plans
- ▶ Maintained a clean environment by adhering to infection-control policies and procedures

CERTIFIED PERSONAL TRAINER - (JULY 2010 - MAY 2013)

LA Fitness (Formerly LifeStyle Family Fitness) - Lakeland, FL

- ▶ Assess the needs and capabilities of individuals through fitness assessment procedures
- ▶ Advise individuals on the correct method and use of exercise machines, devices and weights
- ▶ Develop personalized exercise programs for individuals based on age and fitness levels
- ▶ Provide instruction in a variety of fitness activities including non-gym

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related activities

- ▶ Motivate clients to work to his/her maximum and safe potential for the entire workout
- ▶ Assure all exercises are done with proper form and technique maximizing results
- ▶ Help clients develop realistic, attainable goals and continually modifying training objectives

EDUCATION

BSAS, Aging Sciences (January 2018 - Present)

University of South Florida

AS, Physical Therapist Assistant - Health Sciences (July 2011 - May 2013)

Polk State College - Winter Haven, FL

- ▶ Completed all required courses of the renowned PTA Program at Polk State College
- ▶ Successfully completed a multi-track internship clinical rotation which included:
 - **Internship Rotation I:** Velocity Rehab Outpatient - Winter Haven, FL
 - **Internship Rotation II:** Spring Lake Rehab Skilled Nursing Facility - Winter Haven, FL
 - **Internship Rotation III:** Coastal Rehab Outpatient - Bradenton, FL

AA, General Studies (September 2008 - May 2010)

Polk State College - Winter Haven, FL

Certified Personal Trainer - (May 2008)

National Academy of Sports Medicine

High School Diploma - (2001 - 2005)

McKeel Academy of Technology - Lakeland, FL

SKILLS

- ▶ Expert level user of personal computers



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- ▶ Proficient user of MS Office (Word, Excel, PowerPoint)
 - ▶ Bilingual (Spanish and English)