

# Larissa Sgarlato

Naples, FL 34109

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(239) 777-2826

## Work Experience

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### **Consultant Dietitian**

Arlington of Naples - Naples, FL

January 2016 to Present

### **Renal Dietitian**

American Renal Associates - Naples, FL

January 2014 to Present

### **Consultant Dietitian**

Crandall Corporate Dietitians - Mesa, AZ

January 2013 to Present

### **Consultant Dietitian**

Manor Care - Lely Palms - Naples, FL

April 2005 to Present

### **Consultant Dietitian**

Gulf Coast Village - Cape Coral, FL

August 2002 to January 2017

### **Consultant Dietitian**

HCR - Fort Myers, FL

November 2000 to November 2006

### **Consultant Dietitian**

Cape Coral Rehabilitation Center - Cape Coral, FL

November 1999 to December 2004

### **Consultant Dietitian**

Winkler Court - Fort Myers, FL

November 1999 to September 2004

### **Consultant Dietitian**

Cape Coral Rehabilitation Center - Naples, FL

September 2003 to February 2004

HCR•Manor Care - Lakewood, Naples, FL January 2001 - January 2002

### **Dietetic Consultant**

Integrated Health Services - Fort Myers, FL

August 2000 to August 2001

Consultation with the Certified Dietary Manager regarding menu planning and maintaining menus.

- Communications with medical and nursing staffs regarding nutritional needs of patients.
- Recording in the medical record significant information relating to the patient's response to the therapeutic diet, and counseling patient and/or their families regarding regular and therapeutic diets.
- Assistance to Certified Dietary Manager in the development of dietary policies and procedures and in the organization and planning for nutritional services.
- Assistance to Certified Dietary Manager in planning for in-service and conducting such services for dietary personnel.
- Observation of, and recommendations regarding meal preparation and serving; compliance with standards, and sanitation of department and personnel; on a monthly basis.

### **Registered Dietitian**

Beverly Healthcare, Cypress Manor - Fort Myers, FL  
August 1997 to November 1999

Assume the administrative authority, responsibility, and accountability of implementing our dietary services, policies, and procedures.

- Completion of MDS and development of resident care plans.
- Assist in the development and implementation of our written dietary policies and procedures.
- Develop and participate in in-service training programs for dietary service, and other related services.
- Quality Assurance and In-Service education.

### **Consultant Dietitian**

Regency Gardens Nursing Center - Wayne, NJ  
March 1996 to May 1997

Nutrition assessment and education of therapeutic diets for geriatric residents.

- Development of nutritional care plans and MDS.
- Responsible for overseeing food service employees and dietary department.

## Education

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### **M.S. in Affiliation**

New York University - N.Y., N.Y., US  
1994

### **B.S. in Home Economics, Foods and Nutrition**

Douglass College, Rutgers University - New Brunswick, NJ  
1981

## Certifications and Licenses

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### **Dietitian/Nutritionist**

May 2016 to May 2017