

Kelcey Kryzer

7885 Jocelyn Ave S
Cottage Grove, MN 55016

(651) 815-1558
kelceykryzer@gmail.com

OBJECTIVE: To obtain a position which allows me to expand my biology skills in the lab and workplace

EDUCATION:

Bachelor of Arts
College of Saint Benedict
Major: Biology Minor: Psychology
Scholarships: President's
Study Abroad: South Africa, Spring 2012

Graduation: May, 2013
GPA: 3.24/4.0

EXPERIENCE:

Team Aide, Home Health Aide, Personal Care Assistant, Homemaker

May 2013-Present

Recover Health, Minnetonka, MN

- Provide services to those who need assistance and encourage their independence
- Nurture a therapeutic and professional relationship with emphasis in compassion as well as boundaries
- Communicate in a respectful manner to clients

Maya Interpreter

May 2013-Present

Science Museum of Minnesota, St. Paul, MN

- Connect with visitors and inform them of in-depth topics throughout the exhibit
- Generate discussion surrounding the Maya and the Science Museum with all age groups

Cardiac Rehab Intern

January 2013-May 2013

CentraCare Heart and Vascular Center, St. Cloud, MN

- Informed patients about healthy lifestyles before, during, and after major heart surgery
- Conducted experiments with patients to monitor their heart rates and blood pressures during exercise
- Pinpointed abnormalities in EKGs and determined the results in the body
- Gathered patient health history information and reported to exercise physiologist staff

Resident Assistant

August 2012-May 2013

Residential Life, College of Saint Benedict/Saint John's University

- Designed and implemented programs that were of interest to the residents
- Built a sense of community amongst the residents
- Educated residents about the resources found around campus
- Cooperated with other coworkers and groups on campus to provide useful information to students

President, Crew Club

August 2012-May 2013

College of Saint Benedict/Saint John's University

- Recruited new members and demonstrated the basics of rowing
- Managed members, regattas, equipment, and practices to keep the team organized
- Spearheaded voting processes, publicity techniques, and fundraising opportunities

Study Abroad Ambassador

August 2012-May 2013

College of Saint Benedict/Saint John's University

- Advised future Study Abroad participants on what to expect in a different country
- Attended different sessions about Study Abroad and answered questions about my experience

Health Advocate

December 2009-December 2011

Counseling and Health Promotion, College of Saint Benedict

- Created and endorsed programs promoting healthy choices around campus
- Implemented programs and activities for students
- Researched topics concerning the student population and current health issues
- Collaborated with other students to generate new ideas by attending weekly meetings