

# Kristin Dunning

## **Registered Dietitian**

South Orange, NJ 07079

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+1 609 760 1743

Registered Dietitian with over 25 years of successful experience in the clinical and food service industry. Recognized consistently for performance excellence and contributions to success in LTC and sub-acute industry. Strengths in organizational and detail oriented skills.

Authorized to work in the US for any employer

## Work Experience

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### **Regional Dietitian**

Alaris Health

June 2016 to Present

- Developed nutrient-dense recipes and flexible meal templates to meet nutritional objectives.
- Worked with customers to understand needs and provide excellent service.
- Collaborated with regional team to achieve highest standards.
- Performed duties in accordance with all applicable standards, policies and regulatory guidelines.
- Quickly learned new skills and applied them to daily tasks, improving efficiency and productivity.
- Developed and maintained courteous and effective working relationships.
- Proved successful working within tight deadlines and fast-paced atmosphere.
- Demonstrated respect, friendliness and willingness to help wherever needed.
- Maintained high standards of food quality by reviewing shipments, overseeing preparation and monitoring food safety.
- Investigated and integrated enhanced service and team management strategies to boost business profits.
- Maintained compliance with company policies and procedures for food safety, sanitation and quality.
- Set and enforced performance and service standards to keep consistent, high-quality environment devoted to customer satisfaction.
- Limited portion sizes and used garnishes to control food costs.
- Inspected preparation and storage equipment regularly to assess and maintain performance for cost-effective, safe operations.
- Recruited top-notch employees for Food Service Manager and Registered Dietitian positions.
- Oversaw training of more than 20 team members.

### **Registered Dietitian**

CareOne at Madison Avenue

February 2010 to June 2016

- Responsible for the nutritional care of all residents in the long term care and sub-acute units.
- Oversee the Foodservice Department to ensure sanitary conditions as well as state and federal guidelines met.
- Provide in-services for dietary staff.
- Participate in care meetings and process improvement.

## **Consultant Dietitian**

Alaris Health  
2007 to May 2016

Broadway Nutrition - Multiple, NJ

- Performed duties in accordance with all applicable standards, policies and regulatory guidelines
- Assisted patients clients with meal plan development, addressing individualized dietary requirements.
- Developed nutrition plans addressing individual patient conditions, including diabetes and food allergies.
- Determined client-specific nutrient and energy requirements, with consideration to specific lifestyles, physiology and medical concerns.
- Completed detailed nutritional assessments of each patient based on health history, medical conditions and energy requirements.

## **Registered Dietitian, Clinical Dietitian**

Buttonwood Hospital of Burlington County  
1997 to January 2009

- Responsible for the nutritional assessment of all psychiatric and long term care residents
- Ensure all State and Federal regulatory requirements are maintained.
- Assist in developing new policies and procedures.
- Monitor and evaluate the food production and sanitation procedures.
- Participate in the Quality Improvement program.

## Education

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### **Bachelor's in Nutrition and Dietetica**

University of Delaware - Newark, DE  
September 1989 to May 1993

## Skills

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- Budget
- Policies
- Process improvement
- Staffing
- Menu development
- Nutrition needs assessment
- Nutrition program management
- Diet modification
- Data management
- Relationship-Building
- Organization and Time management
- Excellent work ethic
- Cultural awareness
- Responsible

- Detail-oriented
- Planning and Coordination
- Interpersonal Communication
- Dialysis Experience
- Food Service Management
- Menu Planning
- Food Production
- Budgeting

## Certifications and Licenses

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### **Licensed Dietitian State of Florida**

February 2021 to May 2023

### **Registered Dietitian**