

Kou Vang

Saint Paul, MN 55106

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651-338-1819

Proven skills in supporting warehouse operations by keeping accurate records and checking shipments. Detail-oriented in evaluating products, processing paperwork and coordinating movements around warehouse locations. Familiar with operating equipment and staying on top of maintenance demands.

Authorized to work in the US for any employer

Work Experience

Warehouse Associate

Fagron Inc - Mendota Heights, MN

August 2018 to April 2020

Order picking and processing Placed incoming inventory in optimal storage locations to Logging promote accuracy and easy retrieval.

Cleaned and maintained work area in compliance with OSHA

Stocking safety standards.

Exceptional time Kept work area clean and organized to maximize team efficiency management skills and productivity.

Maintained accurate inventory records to provide data for use in Shipping procedures audits and completion of order requests understanding Stocked warehouse efficiently by comparing item numbers with Warehousing functions storage locations.

Prepared orders for shipment by systematically picking, packing

Shipping and receiving and labeling merchandise.

Order fulfillment Moved pallets to and from trucks and around warehouse with forklifts to stay on top of demanding schedules.

Used hand-held devices and computers to record and monitor inventory levels.

Moved and lifted heavy loads of merchandise using a push forklift equipment.

Consistently lifted materials weighing as much as 50 pounds.

Kept warehouse areas free of debris and safe for all employees with proper storage and maintenance.

Transferred inventory to and from target destinations using forklifts and other transportation vehicles.

Caregiver

Mains'l Fiscal Services - Bloomington, MN

July 2012 to January 2018

Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.

Kept household areas clean and well-stocked, ran errands, managed laundry and completed weekly grocery shopping.

Kept patients mentally alert by entertaining, conversing and reading aloud to patients.

Helped clients manage money, pay bills and shop for groceries or personal items.

Kept close eye on client vital signs, administered medications and tracked behaviors to keep healthcare supervisor well-informed.
Performed household tasks such as laundry, dusting, washing dishes and vacuuming.
Maintained clean personal areas and prepared healthy meals to support client nutritional needs.

Order Selector, Forklift Operator

VIKING ELECTRIC SUPPLY - Minneapolis, MN
August 2016 to August 2017

Detail-oriented Order Picker with experience working in various large warehouse environments. Operated warehouse equipment and reported instances of safety code violations to management to reduce risk of danger.
Labeled boxes, crates and containers with accurate order information, destinations and codes to minimize shipping errors.
Reviewed printed tickets or digital orders to get item numbers and merchandise locations.
Added packed boxes to conveyor belts for movement to shipping stations.

Forklift Operator

Milestone Technologies - Savage, MN
September 2012 to May 2014

Cleaned warehouse areas to maintain safety and efficiency.
Examined shipments for quality and accuracy.
Loaded transfer truck with front end loader.
Completed daily forklift safety checklists.
Packed items into appropriate containers for shipment.
Cycle counting and racking
Kept accurate records of all incoming and outgoing shipments.
Manually counted Number of picked and packaged orders for any loss.

Education

HIGH SCHOOL DIPLOMA in Mathematics

Bedford High School - Bedford, TX
April 2006 to June 2008

Skills

- Order picking and processing Logging Stocking Exceptional time Shipping procedures understanding Warehousing functions Shipping and receiving Order fulfillment personal items. Kept close eye on client vital signs, administered medications and tracked behaviors to keep healthcare supervisor well-informed. Performed household tasks such as laundry, dusting, washing dishes and vacuuming. Maintained clean personal areas and prepared healthy meals to support client nutritional needs. ORDER SELECTOR, FORKLIFT OPERATOR Viking Electric Supply Minneapolis, MN August 2016
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- Warehouse Distribution Experience