

# Kara Fritsche

5553 Girard Ave S.  
Minneapolis, MN 55419  
612.986.0213  
[Fritschek5026@my.uwstout.edu](mailto:Fritschek5026@my.uwstout.edu)

## Objectives

I have honored my business, practical, and hands on experience throughout my years at UW-Stout in both the classroom and President of the Women's club hockey team; allowing me to work as a team and towards a common goal. I will enhance your company with my hardworking and positive attitude along with my previous experience of working outdoors.

## Education

University of Wisconsin-Stout, Menomonie, WI  
Major: **Hotel, Restaurant and Tourism Management**  
Degree: **Bachelors of Science**

GPA: 3.6 of 4.0

Graduate

## Experience

### **Minneapolis Public Schools**

**October 2018-Present**

#### ***Health Service Assistant***

- Manage students medications and immunizations
- Comply with HIPPA
- Understand and handle students every day, changing lives

### **Menards**

**July 2017-December 2018**

#### ***Wallcoverings 1<sup>st</sup> Assistant Manager/Part Time Team Member***

- Excellent interpersonal skills and ability to deal with tense situations
- Problem Solving and prioritizing
- Performed exceptional customer service

### **Comforts of Home Assisted Living**

**April 2015 – July 2017**

#### ***Caregiver/Assistant Manager***

- Provided high quality care for residents
- Comply with HIPPA standards
- Assisted residents with activities of daily living, including helping with meals, transferring using assistive devices, bathing, dressing and grooming.
- Enhanced residents' lives through events, conversation and games
- Scheduled appointments.
- Managed medications for residents

## Professional Involvement

- Volunteered time as President of the UW-Stout Women's Club Hockey Team 2012-2016
  - o Scheduled hotels, games and practices
  - o Managed budget and finances
  - o Completed proper paperwork for travel

## Honors, Activities, Skills

- Hobey Baker Character Award 2008
- Three Chancellor Awards at University of Wisconsin-Stout 2011, 2012, 2013
- Member of the UW-Stout Women's Hockey Team 2011-2013, 2015-2016
- Captain of the UW-Stout Women's Club Hockey Team 2012-2013, 2015-2016

## Certifications

- First Aid Certified 2018
- Serv-Safe Certified 2013