

2135 W. Chenango Ave
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Justin Coleman

SKILLS

Dependable and hard-working professional with over 6 years of hands-on experience in shipping, receiving, inventory control, and warehouse operations. Skilled in operating forklifts and pallet jacks, maintaining accurate records, and ensuring smooth daily logistics. Known for a strong work ethic, sharp attention to detail, and a calm, focused mindset under pressure. Certified in HIPAA, OSHA Bloodborne Pathogens, and Compassion Fatigue Training. Quick to learn, team-oriented, and always ready to step up when it counts.

EXPERIENCE

Warehouse Lead

State of Colorado/Various Locations
2019 - 2025

- Coordinated shipping and receiving operations in fast-paced warehouse environments, handling up to 150+ packages daily with 98% accuracy.
- Operated forklifts, pallet jacks, and hand trucks to load/unload inventory, ensuring all OSHA and company safety protocols were followed.
- Maintained organized storage systems, improved inventory tracking, and minimized loss or misplacement of goods.
- Prepared bills of lading and shipping documentation; worked with FedEx, UPS, and local carriers to streamline logistics.
- Performed quality checks on incoming and outgoing merchandise, reporting damage or discrepancies to supervisors.
- Cross-trained in order fulfillment, packing, and labeling; recognized for speed and reliability in high-volume settings.
- Trained and mentored new hires on warehouse protocols, improving team productivity and cohesion.

Crew Lead - Residential & Commercial Painting

All Phase Painting / Various Clients - Colorado
2010 - 2019

- Led small teams of 2-5 painters on interior and exterior projects, ensuring quality, efficiency, and client satisfaction from start to finish.
- Prepared surfaces by sanding, caulking, patching, and priming, delivering a smooth foundation for lasting paint finishes.
- Applied paint, stains, and finishes using brushes, rollers, and sprayers with a keen eye for detail and color consistency.
- Managed project timelines, materials, and client communication, often completing jobs ahead of schedule.
- Trained new team members on safety procedures, job prep, and application techniques, improving team performance and reducing rework.
- Maintained clean and organized job sites, adhered to OSHA safety standards, and handled equipment maintenance.

EDUCATION

Northglenn High School / Northglenn, CO

AUG 2006 - MAY 2010

Active in peer mentoring programs and leadership roles; known for strong communication skills and ability to connect with others from all walks of life.

Certificates and Accomplishment

Participated and completed *7 Habits of Highly Effective People*

Q.B.H.A. (Qualified Behavioral Health Aide) Certified

Compassion Fatigue Awareness Training

HIPAA Compliance Training

OSHA Bloodborne Pathogens Certification

DHS Mandatory Reporter Training

Ongoing Peer Recovery Training (PRSS in progress)