

Juliana Najera

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Professional Summary

I'm a very hard-working person with a lot of experience, and whenever I work, I give it my all every single time. People always tell me I'm a really good worker because I stay focused, stay locked in, and make sure the job gets done right. I'm reliable, motivated, and I work well under pressure. I can stand all day, lift heavy items, and keep up with fast-paced work environments without complaining. I take pride in my work ethic and always try to be someone a team can depend on.

Willing to relocate: Anywhere

Work Experience

Self Contractor

Llc co tractors | Thornton, CO

April 2022 to April 2026

Doing construction labor different task getting stores and places ready to open and building freezers using forklifts moving and standing all day lifting I did a kingsoopers and a rec center a police station

Security Guard

Sec | Denver, CO

April 2024 to January 2026

Caregiver

Ariel home care | Denver, CO

March 2022 to October 2025

Utility Worker

Erickson Senior Living | Highlands Ranch, CO

January 2025 to September 2025

UPS Package Handler

UPS | Denver, CO

January 2024 to December 2024

Production Worker

Labor Statistics | Denver, CO

June 2020 to September 2024

General Laborer

ALL STAR STAFFING | Denver, CO

March 2024 to July 2024

I cleaned rtd busses inside and out and pumped gas all day they would have lines of busses and I would clean every one and I did flagging at the performance art theater

Education

Graduation

Abraham Lincoln High School | Denver, CO

Upper secondary education

Skills

Hospitality Mechanical knowledge Hand tools Laboratory compliance Safety standards in production Powder coating Respiratory protection Mopping Conflict management Ladder use Driving Industrial painting Electric pallet jack Public warehouse experience Materials handling Forklift Equipment repair Warehouse management system Food Preparation Laundry Microsoft Office GPS surveying Inventory control Order tracking Housekeeping management Packing Human resources Hazmat Cleaning Airless paint spraying Food safety management Residential cleaning Salesforce Apartment housekeeping Outdoor work Rotational molding Regulatory compliance Liability insurance Janitorial experience Maintenance Sandblasting Reach truck Access control systems Power tools Machine operation Window cleaning Floor buffing Warehouse distribution Grinders Retail sales Loss prevention Computer operation Dependability Safe work practices Fabrication Culinary experience Customer relationship building Customer support Trash removal Weight handling in the workplace Cooking Order picking Cleaning Experience Communication skills Computer skills Order fulfillment Shipping & receiving Abrasive blasting Custodial experience Inventory replenishment GPS Commercial facility sanitation experience Packaging Caregiving Employment & labor law Warehouse experience Writing skills Lawn care Commercial cleaning Environmental services Brewing Attention to detail Manufacturing facility Record keeping Environmental remediation Data entry Sanitation Underground utilities Manufacturing RF scanner Teamwork Carpet cleaning Overhead cranes Industrial equipment Customer service Home Care Interpersonal communication AI Knife skills Glass cleaning Utility locating devices Climbing GIS Supervising experience Warehouse management Heavy lifting Meal Preparation QuickBooks Order shipping Senior Care Fabrication shop experience Assembly Picking & packing Workers' compensation Anatomy knowledge Landscaping Security Time management Mechanical assembly Report writing Floor care Conventional spraying Basic math Moving

Languages

English

Certifications and Licenses

Food Handler Certification

January 2025 to January 2028

Flagger Certification

Hazardous Waste Operations & Emergency Response Training

Driver's License