

Josh Beck

Saint Paul, MN

- Email me on Indeed: <http://www.indeed.com/r/Josh-Beck/8bbc490d0f404f07>

Willing to relocate: Anywhere

Work Experience

Prep cook

Mississippi Market

June 2019 to Present

Prepared foods cook

- Practice current food safety laws in a efficient and productive manner
- Able to work ahead to enable all prep work is done for next shift
- To provide customers with the highest quality foods in an organized and clean environment.
- Overlooking receiving shipments to be aware of inventory stock.
- Cross-trained in two other positions to maximize my role in my department.

Commissary Kitchen Staff

Wedge Community Co-op

March 2018 to January 2019

Work in a safe manner, following all safety procedures, food safety requirements, cooling procedures and foster a safe, positive, and inclusive work environment.

- Helping with catering orders in a timely manner when needed.
- Package and label completed recipes correctly for retail, wholesale, and catering use. Understand the dating and tare systems. Weigh and distribute food to multiple locations with the highest accuracy.
- Complete end of shift cleaning duties in a detailed manner.
- Complete any other tasks assigned by shift lead and/or kitchen manager.

Summer Farm Intern

Indigenous Peoples' Task Force - Minneapolis, MN

May 2018 to October 2018

- Learn and implement organic soil conservation and farming techniques.
- Process our crops and recipe testing for flavors and meals for baby food.
- Marketing of baby food to food impoverished communities where access to healthy food is limited.

Counter Team/ Delivery Driver

Uptown Cleaners

July 2015 to March 2018

Process incoming and outgoing orders

- Complete delivery route
- Close and open store
- Deals with special accounts

Call Center Representative

Choctaw Casino & Resort

December 2014 to June 2015

Booking Customers

- Responding to guests needs
- Providing first time guests with helpful information
- Staying to date with casino events and assisting attendees

Stage Builder

Michelin

June 2013 to August 2014

Meeting daily production quotas

- Properly maintaining machine and work area
- Effectively communicating with other Stage Builder teams

General Warehouse Worker

Best Buy Warehouse

August 2012 to February 2013

Processing outgoing online orders

- Operating heavy warehouse machinery
- Cross training in other departments

Cashier & Stocker

Farmer's Market Grocery Store

2007 to 2011

Stocked and rotated shelf product

- Handled customer transactions
- Daily store operations

Education

AAS in Culinary Arts in Culinary Arts

Saint Paul College - Saint Paul, MN

August 2019 to December 2020

Southeastern Oklahoma State University - Durant, OK

August 2014 to May 2015

Diploma

Lone Grove High School - Lone Grove, OK

August 2007 to May 2011

Skills

- Excellent communication skills
- Microsoft Office Suite experience
- Works well in teams

- Ability to work in fast paced environment
- Merchandising experience
- Food Prep
- Kitchen Staff