

## **Resume**

Jared Abe

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## **Experience**

(May 2022-August 2022)

Trugreen Lawn Care Denver, CO. – Residential Lawn Technician

- DOT Certification
- Work routes included All of North Denver
- Spraying Pesticides on Lawns included on route
- Good Knowledge on lawn care

(September 2021- January 2022)

Walmart, Lakewood, CO. - Deli Associate

- Ensure food is meeting standard cooked temperature
- Serve customers
- Open the deli for the day which ensures; food is cooked and ready to serve by a certain
- Time, Bunkers and showcase is stocked for sales and presentation

(June 2021 -September 2021)

Lowes, Davie, Fl. - Forklift Operator

- Help customers or contractors with loading supplies
- Help arrange delivery and inventory
- Set up online orders for pick up
- General clean up

(January 2019 -May 2021)

Panera Bread, Lakewood, CO. - Lead Catering Coordinator

- Handle Large orders ranging from \$100-\$12,000
- Delivery services
- High attention to details.
- Lead team to finish orders before a time limit

(October 2018 -January 2019)

Target, Lakewood, CO - Consumables Team Member

- Ensure food is properly being rotated to ensure freshness for the guest
- Unload fresh produce & dairy truck in a timely manner while handling paperwork
- Cash registers

(May 2018 -October 2018)

Champa Street Burger Works, Lakewood, CO - Line Cook

- Ensure food is stored and cooked at correct temperature by regulating temperature of ovens, Broilers, grills, roasters.
- Ensure freshness of food and ingredients by checking for quality, keeping track of old and new items.
- Assist cooks and kitchen staff with various tasks.

(May 2017 - April 2018)

King Scoopers, Lakewood, Co. - Meat Clerk

- Clean and sanitize work areas, equipment, utensils, dishes, or silverware.
- Package take-out foods or serve food to customers. Weigh, label and price cuts of meat.
- Cut, trim, bone, tie, and ground meats, such as beef, pork, poultry, and fish, to prepare meat in
- Receive, inspect, and store meat upon delivery, to ensure meat quality.

(June 2015 - April 2017)

Village Inn, Lakewood, CO. - Line Cook/Prep Cook

- Substitute for or assist other cooks during emergencies or rush periods.
- Prepare a variety of foods, such as meats, vegetables, and desserts, according to customers' orders

## **References**

Diego Lucero (303)-909-0036

Mark Prater (303)-419-9738

Louis Ballinger (305)-807-3224

Niko Rolon (630) 940-7496