

James Kent Norick

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EXPERIENCE

Lake Superior College , Licenced practical Nursing- Graduation spring of 2022

I hope to pursue different avenues of nursing in order to promote health and wellness in the community. This includes advocacy, stigma reduction, and providing safe and effective care

Center for Alcohol and Drug Treatment Trained Medication Assistant —

July 2021- May 2022

Passing medications, rounding, and playing a supportive role to patients experiencing withdrawal from drugs or alcohol. Other roles include taking vital signs and completing intakes for new patients.

Birch Tree Center *Mental Health Practitioner*

September 2017 - August 2019

Monitored inpatient safety and facilitated the public mental health crisis crisis line, dispatched mobile crisis, de-escalation, creating treatment plans and discharge summaries. Therapeutic communication and milieu remained a priority.

I have accumulated about 8000 hours of mental health experience starting from 2016

Stepping Stones for Living, Hermantown— *Crisis intervention staff*

January 2015 - December 2017

Responsibilities included knowledge and rapport of all SSL clients and care plans in order to maintain safe and productive home environments of clients and staff. This included having pertinent medication knowledge and individualized care needs.

Hermantown High School, — *Diploma*

2012 - 2015

“Acknowledge the good in life and you have the foundation for abundance” - Eckart Tolle

Certifications

Licensed Practical Nurse
diploma (currently studying
for my boards)

Certified Nursing Assistant

BLS, CPR/First aid renewed
spring of 2021

Skills

7000 hours of documented
behavioral health experience.

Crisis intervention;
deescalation,
patience, therapeutic
communication
empathetic listening.
Medication knowledge,
indications, adverse effects,
safe dose ranges, and
contraindications

Knowledge of DBT and
psychotherapy efficacy,
medication management
skills.

I'm an empathetic listener and
can smile when it may be
tough to. Honesty is also held
in high regard to me.