

J Johnson

Certified Personal Trainer

Loveland, CO 80537

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- Currently becoming a Fitness Coach (Certified Personal Trainer & Glute Specialist)
- Fitness, Financials, & Cannabis are my passions as well as learning (reading)
- Honest communication is teamwork.

Authorized to work in the US for any employer

Work Experience

Retail Merchandiser

Premium Retail Services - Loveland, CO

August 2022 to Present

- Locate my deliveries in backroom
- Scan in boxes
- Stock products & backstock
- Front all shelves
- Clean up & take photos

Grill Cook

Cracker Barrel - Loveland, CO

December 2021 to April 2022

Cooked all meats/meals that came through the grill.

Independent Merchandiser

Jyve Corporation - San Diego, CA

December 2019 to November 2021

Stocked KeHe & Nabisco products through jyve. Stocked backstock or when a delivery load came in, fixed shelves and stocked displays as well

Overnight Rep

24 Hour Fitness - Fort Collins, CO

April 2019 to December 2019

Gave very few tours at night, did gym walks to tighty up, made sure everyone is greeted and checked in, and cleaned pool.

Front Desk

Chuze Fitness - Thornton, CO

March 2018 to April 2019

Took customers on tours of gym, signed people up as well as cancelled memberships, did gym walks to keep clean, and closed down sometimes with others.

Grocery Stocker

Grocery Outlet - San Diego, CA

August 2016 to January 2018

Stocked groceries, either from a new incoming truck load or back stock items

Education

Fitness Coach in Health Science

ISSA (International Sports Science Association)

November 2023 to Present

GED

San Diego, CA

December 2016 to February 2017

Skills

- Merchandising
- Packaging
- Warehouse Experience
- Cooking
- Food Safety
- Load & Unload
- Kitchen Experience
- Food Handling
- Communication skills
- Restaurant experience
- Dishwashing
- Kitchen experience
- Cooking
- Food handling
- Manufacturing
- Pizza experience

Certifications and Licenses

CPR Certification

November 2023 to November 2024

Certified Personal Trainer

February 2024 to February 2026

Currently becoming a Glute Specialist as well through ISSA

AED Certification

November 2023 to November 2024

Additional Information

I'm looking for a GOOD opportunity with GREAT people and we can succeed from there
I love fitness, the Stock Market, freedom, and open minded people.