

Heather Polk

Loveland, CO 80537

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Authorized to work in the US for any employer

Work Experience

Cashier/Customer Service

Circle K - Loveland, CO

June 2023 to January 2024

I worked as a Cashier/Customer Service. I assisted customers with their purchases from the store. I helped clean, organize, stock the store and I helped to unload the weekly shipment of the truck.

Caregiver

Elite Nurses - Denver, CO

January 2023 to May 2023

I worked as a Caregiver at a Assisted Living Facility. I assisted residents with meals, showers, laundry and activities. I built a good relationship with the residents I helped take care of.

Caregiver

Courtyard of Loveland Assisted Living Facility - Loveland, CO

July 2022 to January 2023

I worked as a Caregiver. I assisted residents with meals, their daily ADL's, showers, housekeeping and laundry.

Material Handler

Environmental Office Solutions - Loveland, CO

June 2021 to January 2022

I assorted and graded ink and toner in this recycling warehouse.

Education

High school diploma

American High School - Chicago, IL

August 1990 to February 1992

Skills

- Laundry
- Home Care
- Caregiving

- Cashiering
- Dementia Care
- Senior Care
- Cash Handling
- Retail Sales
- Alzheimer's Care
- Medication Administration
- Patient Care
- Dishwashing
- Kitchen experience
- Customer service
- Sales
- Communication skills
- Food service
- Care plans
- Nursing
- Heavy lifting
- Dietary aide experience
- Warehouse experience
- Materials handling
- Knife skills
- Food handling