

Heather Groff

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Authorized to work in the US for any employer

Work Experience

Dental Hygienist

May 2008 to December 2025

Registered Dental Hygienist

Gordon West DDS-Lafayette, CO
2016 to 2019

Sue Foundos-Biegel DDS-Whiting, IN
2008 to 2016

DentalWorks-Calumet City, IL
2001 to 2016

Patient Coordinator

2004 to 2008

Dental assistant

2001 to 2004

Education

Dental Hygiene Program (A.A.S.)

Prairie State College
2008

Skills

- DENTAL
- Sales
- Customer service
- Communication skills
- Time management
- Organizational skills
- CPR
- Direct patient care

- Dental x-ray
- Customer communication
- Dental clinic experience
- Dental terminology
- Bitewing x-ray

Certifications and Licenses

Real Estate License

CPR Certification

Oral facial myofunctional therapist

January 2019 to Present

Additional Information

Skills

- Digital x-rays
- Gum assessment
- Scaling & root planing
- Perio maintenance
- Adult & child prophylaxis
- Sealants
- Enamel micro-abrasion with MI paste
- Head & neck exam on every patient
- Evaluating clinical findings, medical history, and previous dental records to integrate the information into a plan for excellent dental hygiene & overall health
- Explaining the importance of recall appointments to help patients maintain optimal oral health