

Gary Castro

Denver, CO 80205

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720-451-0871

- Solid Warehouse Experience
- Pulled Orders Accurately
- Kept Inventory Organized
- Assured a Safe Work Environment
- Energetic and Positive Minded
- Professional Communication
- Dependable
- Follow Direction Well
- Accuracy
- Team Oriented

Work Experience

Banquet Prep Cook

Renaissance Hotel Downtown - Denver, CO

January 2019 to October 2019

Prep food (putting recipes together) for Chief and Banquet staff. Receive and stock produce, Meats and dry goods.

Prep Cook/Receiving Agent

Le Méridien Hotel - Denver, CO

February 2018 to December 2018

- Prepared food offered for the day including meats, sides and salads.
- Responsible for all storage of product.
- Sometimes ordered from vendors.

Dishwasher, Mexico City

Denver, CO

June 2017 to February 2018

Dishwasher for busy Denver institution.

Demolition Worker

Construction Clean-up - Denver, CO

November 2015 to June 2017

Always completed project and asked to return.

Rocky Mountain Foods - Denver, CO

May 2013 to October 2015

- All duties in a busy food warehouse.
- Made food product to be sold at local grocery stores.

Security Officer

HSS Security - Denver, CO

November 2011 to May 2013

Provided security services at major healthcare facility.

Education

GED

Emily Griffith Technical College - Denver, CO

1990

Skills

Food industry, Forklift, Inventory, Kitchen Staff, Food Prep, Warehouse Associate, Shipping Receiving, Order Puller, Picker Packer, Unloading

Additional Information

SKILLS

Warehouse

- Worked at a busy food industry warehouse.
- Used forklift.
- Pulled orders.

- Stacked pallets safely.
- Staged completed pallets to load trucks.
- Unloaded deliveries and stored following health guidelines.

Back of House/Restaurant

- Responsible for all incoming product at hotel restaurant.
- Ordered product from vendors when needed.
- Followed recipes for meats, salads and side dishes.
- Rotated Inventory to maintain freshness.
- Dishwashing and other duties related.