

Francisco De La Rocha

I am seeking a opportunity where I can use my experience with the community.

Denver, CO 80219

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+1 720 518 4965

- Hard Worker
- Own Transportation
- Honest
- Responsible
- Great Attitude
- Bilingual

Authorized to work in the US for any employer

Work Experience

Construction Laborer

Superior Demolition - Denver, CO

November 2023 to Present

1. Set Up Tools
2. Read Blueprint
3. Cut Power
4. Tear Down Walls, Ceiling, Ceiling Tile, Grid, Doors, Concrete, Floor Tile, Carpet Etc.
5. Power Tool Experience
6. Clean Up

Delivery Technician

Sleep Number - Aurora, CO

April 2021 to November 2023

1. Scan Product
2. Load Truck
3. AM Process For DOT
4. Call Customers
5. Customer Service
6. Deliver Product And Set-Up
7. Show Customer How To Operate Their New Sleep Number Thru Phone
8. Finish Route Clear Truck From All Debris/Trash & Haul Aways
9. PM Process
10. Report To Supervisor If Any Trucks Need Maintenance
11. Power Tools, Hand Tools

Delivery Driver

INTERSTATE EXPRESS - Denver, CO

March 2016 to January 2020

- Pre-Inspect Truck

- Load Unload
- Stage For Loading
- Deliver Furniture Set Up Furniture
- Train New Hires
- Pronto Forms
- 16 To 26" Box Truck Experience
- Call Heads Responsible For Truck
- Warehouse Work
- Complete Paper Work
- Pallet Jack
- Team Work

Box Truck Delivery Driver

J. W. Logistics, LLC - Denver, CO

July 2014 to February 2015

- Deliver Amazon Pallets
- Scanner
- 26" Box Truck
- Pueblo, Durango, Grand Junction, Wyoming Kansas
- Driver Log
- Solo
- Pallet Jack
- Load
- Unload

Education

High school diploma in Reading/Writing

Lester R Arnold High School - Denver, CO

2014

High school or equivalent

Skills

- Driving Experience
- Delivery Driver Experience
- Customer Service
- Driving
- Van Driver
- Commercial Driving
- Load & Unload
- Box Truck
- Pallet Jack
- Flatbed

- Time management
- English
- Forklift
- Load & unload
- Heavy lifting
- Customer service
- Warehouse experience
- Materials handling
- English
- Basic math
- Manufacturing
- Organizational skills
- Computer skills
- Shipping & receiving
- Communication skills
- Time management
- Stocking
- Hand tools
- Mechanical knowledge
- Data entry
- Distribution center
- Maintenance
- Construction
- Mowing
- Lawn care

Certifications and Licenses

Forklift Certification

Driver's License