

Diana Vittorio

Naples, FL 34104

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(404) 966-2209

Authorized to work in the US for any employer

Work Experience

Clinical Dietitian

Cederquist Medical Wellness Center

November 2017 to Present

Provide individual dietary and behavior counseling in private setting with ongoing weekly visits. Educate patients primarily for weight loss, diabetes, insulin resistance, thyroid disorders, food allergies and sensitivities.

- Through weekly guidance, support and accountability, my patients consistently lose weight and achieve their goals
- Guide patients with food sensitivities and allergies through food elimination protocol to heal the gastrointestinal tract and work toward overall wellness
- Review and analyze bloodwork to assess nutritional status and make recommendations for nutritional supplements
- Coach and encourage patients to improve overall wellness with various methods of regular exercise

Clinical Dietitian

VonArx Diabetes & Nutrition Center at NCH

July 2015 to October 2017

Provided individual counseling and group education to facilitate behavior change for better overall health in both out-patient and in-patient setting

- Assessed nutritional status and administered medical nutrition therapy to improve various health conditions related to cardiovascular, gastrointestinal, renal, hepatic, pancreatic, pulmonary, endocrine, nutritional deficiencies, eating disorders and obesity
- Specialized in educating patients to manage diabetes with proper nutrition and exercise both individually and bi-weekly group sessions
- Successfully conducted several 12-week weight loss programs to support participants' weight loss and wellness goals.

Participants consistently achieved significant weight loss, along with improved lipid and glucose bloodwork.

- Researched nutrition related topics and trends in order to provide current data for quarterly wellness magazine distributed by the hospital throughout the county
- Presenter of various nutrition based wellness lectures to +/- 300 attendees within the community
- Lead personal and group grocery shopping tours to educate participants about healthful and harmful ingredients in food products
- Currently eligible for Certified Diabetes Educator national board exam

Office Manager/Real Estate Broker

Babcock Realty Group

August 2004 to February 2011

- Prepared and maintained construction budgets for residential homes and commercial office buildings
- Involved in all aspects of product development, design selection and purchasing needs
- Negotiated purchase orders for all materials and labor necessary for production of +/-40 home subdivisions
- Developed and maintained contractor agreements, including scopes of work and terms and conditions
- Supervised production schedules to ensure timeframes were met for county inspections and closing dates
- Maintained accounting records including all accounts payable and accounts receivable in Peachtree software
- Worked with county officials on various aspects necessary for rezoning, land development and building
- Marketed new construction homes for sale and negotiated purchase and sale contracts
- Maintained all sales contracts and records to ensure compliance with Georgia Real Estate Commission laws
- Served as property manager for the commercial office buildings and managed homeowners associations

Education

Bachelor of Science in Dietetics

Life University - Marietta, GA

June 2014

Bachelor of Arts in Economics

Benedictine University - Lisle, IL

September 1984 to May 1988

Skills

- Individual / Group Counseling
- Motivational Interviewing
- Property Management
- Product Development
- Group Therapy
- Microsoft Office
- Behavioral Therapy

Languages

- English - Fluent

Certifications and Licenses

Registered Dietitian

Present