

# Desmond Cabriales

Denver, CO 80216

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I would like to work for a company that will enhance the skills I already have as well as provide the opportunity for personal and professional growth and advancement opportunities. I enjoy working in a fast paced, highly motivating position where I can assist others while challenging and expanding my knowledge and understanding of the task at hand. I am seeking a position that will utilize my skills and offer the chance for advancement as well as the opportunity to gain additional skills and experience.

Authorized to work in the US for any employer

## Work Experience

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### **Order Selector**

Colorado Premium Foods - Denver, CO

January 2014 to Present

Responsibilities

Loading unloading, order selecting, cherry picker

Skills Used

Power jack single and double experience, stand up, sit down, front loader experience.

### **Shipping and Receiving**

Boulder Brand's - Denver, CO

May 2014 to January 2016

- Operated forklifts and other heavy machinery safely.
- Operated PC and RF-based computer system with a high level of accuracy.
- Swept floors and stored equipment at the end of the shift.
- Loaded and unloaded cargo.
- Received, stored and shipped goods and materials

### **Assembly/Machine Operator**

Superior Farms - Denver, CO

June 2011 to May 2014

Responsibilities

- operated machine safely
- assembly
- operated scale
- cleaned equipment

Accomplishments

Completed work in an efficient time.

Skills Used

- worked at a fast paced
- followed all safety rules

### **Shipping and Receiving**

Pinnacle Foods - Denver, CO

- Loading and unloading
- Stock production with material and ingredients.
- Use of RF scanner
- Keep track of inventory
- Keep warehouse clean

## Education

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### **High school or equivalent**

Westminster High School - Westminster, CO

2008 to 2011

## Skills

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Warehouse (5 years), Shipping (5 years), Electric Pallet Jack, Forklift Operator, Stand up forklift (5 years), Stand up forklift (reach) (5 years), Lead shipper (4 years), Order Selector, Order Puller, Selector, Pallet Jack, Forklift, Reach Truck

## Certifications/Licenses

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### **Driver's License**

## Additional Information

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### Skills

- OSHA standards
- Forklift operation
- Team Leader
- Self-directed, motivated and goal oriented
- Quick learner, thrives in a fast paced environment
- Heavy Equipment Operator
- Highly organized and detail oriented
- Safe driver

- Shipping and receiving