

Damaris Patricia Covarrubias

303-437-1160 | Damariscovarrubias98@gmail.com | Thornton, CO

SUMMARY

Reliable and hardworking professional with experience in senior care and warehouse operations. Strong teamwork, time management, and customer service skills. Dedicated to maintaining efficiency, safety, and high-quality service in fast-paced environments.

EXPERIENCE**Caregiver / Support Staff — Villagio Senior Living**

March 2021 – June 2023

- Assisted residents with daily living activities including meals, hygiene, and mobility
- Provided compassionate care while ensuring safety and comfort of residents
- Maintained clean and organized living spaces
- Worked collaboratively with team members to support resident needs
- Responded promptly to resident requests and emergencies

Warehouse Associate — Amazon

July 2023 – April 2024

- Picked, packed, and shipped customer orders in a fast-paced environment
- Maintained accuracy and efficiency while meeting productivity targets
- Followed safety procedures and maintained a clean workspace
- Organized inventory and ensured proper storage of items
- Worked as part of a team to meet daily shipping goals

EDUCATION

[Add your school or diploma here]

SKILLS

Customer Service, Time Management, Teamwork, Attention to Detail, Communication, Physical Stamina