

Cesar Lara Rocha

Thornton, CO 80602

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Professional Summary

Goal driven team player pursuing employment in the hands on field of work. Where I can collaborate with a team of experienced tradesmen to enhance my knowledge and productivity as a team.

Authorized to work in the US for any employer

Work Experience

Landscaping/General Laborer

Lara's Landscaping-Thornton, CO

December 2018 to Present

Sprinkler Systems

Retaining Walls

Wood Fences

Interior remodel & finish

Service Calls

Contract Maintenance

Driver/Warehouse Support

Classic Metals Inc.-Denver, CO

June 2020 to January 2021

Maintaining fleet of diesel work trucks up to CDOT regulations for commercial use. And insured all trucks were serviced and ready for daily use for deliveries and installations.

Maintained clean and efficient warehouse.

Operate vehicles safely, responsibly, and effectively.

Unloading/receiving incoming material and properly staging it.

Properly process all paperwork.

Operate a forklift safely and responsibly.

Prepare orders for outside services, pickups and/or deliveries

Driver/Laborer

ColoradoCrete Inc-Commerce City, CO

May 2019 to February 2020

In charge of designated truck which included maintaining up to CDOT regulations and loading products before and after shift.

Daily briefing of requirements for the job(s) with foreman and laborers.

Repeated use of forklift to load and unload materials in a timely manner.

Prep and seal floors to be poured using soundproof mat, tape and adhesive spray.

Once pour was completed, clean up and break-down of pump which included cleaning and picking up water hoses, flushing gypsum concrete out of work hoses, flushing latex out of sprayers and leaving job sites as clean as possible to customers expectation and satisfaction.

Demolition Crew

Olcese-Minden, NV

January 2018 to March 2018

Lift operator

Jack Hammer operator

General Maintenance on work vehicles/ garbage trucks (changing tires, Oil, etc.)

Disposal pick up for contracted clients

Complete demolition of utility and commercial buildings

Clean up and dispose of materials

Shipping & Final Inspection

AVK The American Company-Gardnerville, NV

October 2017 to January 2018

Checking quality of product

Approving and labeling all product before shipment of orders

Collecting and testing samples of products every 3 hours

Assist in assembling hydrants on production as needed.

Photo Lab Technician

Walgreens-Carson City, NV

January 2017 to October 2017

Retouching, enlarging and obtaining hard copies from digital photos

Process, and prepare online photo orders for pickup

Provide customer service

Opening and transferring digital files

Take and print passport photos

General stock and inventory

Manage stock inventory in coolers to assure fresh dairy products

Maintain clean working space

Cash handling

Quality Control Inspector/ Line Operator

Rocky Mountain Colby Pipe-Denver, CO

January 2012 to September 2014

Checking quality of product

Approving and labeling all product before shipment of orders

Collecting and testing samples of products every 3 hours

Help production lines when needed, to meet production needs

Insuring all pipe (ABS, PVC, Solid Wall/ Cellular Conduit) met and exceeded UL Standards Certified forklift operator

Education

Pre-Apprentice in Trades

The Master's Apprentice-Denver, CO

June 2023 to August 2023

GED degree

University of Colorado Bueno-Brighton, CO

October 2008 to March 2009

Skills

- Food Service Management (1 year)
- Car Wash (1 year)
- Forklift (10+ years)
- Quality Inspection (2 years)
- Equipment Repair (4 years)
- Quality Control (2 years)
- Fabrication (4 years)
- Culinary Experience (2 years)
- Delivery Driver Experience (2 years)
- Facilities Maintenance (2 years)
- Materials Handling (5 years)
- Automotive Repair (2 years)
- Mechanical Knowledge (10+ years)
- Pallet Jack (10+ years)
- Shipping & Receiving
- Kitchen Management Experience (1 year)
- Load & Unload (4 years)
- Lawn Care (10+ years)
- Microsoft Word (4 years)
- Landscape Maintenance (10+ years)
- Mowing
- Packaging
- Plumbing
- Construction
- Diesel Engine Repair
- Brake Repair
- Carpentry
- Mechanic Experience
- Mechanic Experience

- Hydraulics
- Mechanical knowledge
- Maintenance
- Equipment repair
- Electrical experience
- Mechanic experience
- Facilities maintenance
- Automotive repair
- Diesel engine repair
- Manufacturing
- Materials handling
- Brake repair
- Customer service
- Load & unload
- Quality inspection
- Warehouse experience
- Cleaning
- Quality control
- Pallet jack
- Leadership
- Driving
- Car wash
- Management
- Snow plowing
- Lawn care
- Landscape maintenance
- Shipping & receiving
- Precision measuring instruments
- Delivery driver experience
- Power tools
- Automotive diagnostics
- Shocks & struts

Certifications and Licenses

Certified Forklift Operator

ServSafe

December 2018 to December 2023

Successfully completed the standards set fourth for the ServSafe Food Protection Manager Certification Examination.

Confined Space Entry

February 2018 to Present

OSHA 10

August 2023 to Present

Driver's License

***Electrician Apprentice**

Present

Recent graduate from The Master's Apprentice Pre-Apprentice Program ready to take next steps to become an electrician.

Forklift Certification

Pallet Jack Certification

Electric Pallet Jack Certification