

# Caryn McConnell

## **Warehouse / janitorial**

Longmont, CO 80501

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720-416-9681

I can stand ,lift ,bend ,and walk all shift. No problems . Do not like to sit for long .fast learner, can work with no supervision , reliable and always on time for work.

Authorized to work in the US for any employer

## Work Experience

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### **Housekeeping Cleaner**

Mtimm Development - Longmont, CO

May 2019 to Present

Cleaning vacant apt. , Grounds , clubhouse . Need to be flexible and go to other properties when needed, trainer for other properties . Need to be a self starter .

### **Warehouse**

Equilter.com - Boulder, CO

March 2009 to May 2019

Warehouse picker ,puller , cutting fabric to customers preference , shipping ,using UPS ground , USPS , DHL , need to be able to problem solve with addresses. Unload pallets . Need to understand measuring . Fabric warehouse .

### **Warehouse Worker**

Featherlite trailers - Cresco, IA

July 2018 to August 2018

Cut and prepared windows and doors . Using plasma cutter , measuring , drills , cutters .

### **Housekeeping**

## Education

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### **High school or equivalent**

Gateway high school - Aurora, CO

September 1979 to May 1983

### **High school or equivalent**

Gateway high school - Aurora, CO

1979 to 1983

### **High school or equivalent**

## Skills

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- Janitorial
- Clean Room
- Clean
- Cleanroom
- Customer service
- Clean Room
- Clean
- Janitorial
- Cleanroom