



Allina Medical Clinic - Cottage Grove
 8611 W Point Douglas Rd S
 Cottage Grove MN 55016
 651-458-1884

CLINIC REPORT OF WORKABILITY

Employee: Candido Morale Torres	Date: 9/29/2010	Arrival time:
SS#: xxx-xx-4778	DOB: 1/2/1982	Time roomed:
Employer: Supermoms	Date of Injury: 09-29-10	Time out:
Employer phone: cover	Employer fax: cover	Contact person:
Employer contacted: yes		

DIAGNOSIS: S/P Head Injury with Scalp Laceration
 Work related injury/illness? yes
 Maximum medical improvement? no
 Permanent Partial Disability? no
 Anticipate permanent restrictions: no

RETURN TO WORK UNABLE to work from today through end of shift, work with Limitations as of tomorrow till next visit on 10-6-10.
EMPLOYEE'S CAPABILITIES

Lift/Carry 0-10 lbs: occasional, 1-33% 11-20 lbs: Not at all 21-35 lbs: Not at all 36-50 lbs: Not at all 51-100 lbs: Not at all	Push/Pull 0-25 lbs: occasional, 1-33% 26-50 lbs: Not at all 51-75 lbs: Not at all 76-100 lbs: Not at all	Bend: N/A occasional, 1-33% Twist/turn: occasional, 1-33% Kneel: Not at all Squat: Not at all Sit: occasional, 1-33% Stand/walk: frequent, 34-66% Overhead reaching: Not at all Ladder/stair climb: Not at all Rotate activities/positions: continuous, 67-100%	Avoid the following hand and wrist activities: Operate power/vibrating tools: not applicable Coarse manipulation: not applicable Torquing/crimping: not applicable Grasping – light: not applicable Grasping – heavy: not applicable Out-stretched arms: not applicable <hr/> One-handed work only: not applicable Other: Not applicable.
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TREATMENT/OTHER RESTRICTIONS:

Keep wound clean and dry. Change dressing every 1 day, 4 staples were done for wound Repair of the scalp.
 The above has been discussed with the employee. tetanus was given. ibuprofen Rx was given. head injury sheet instructions were given for the next 24 Hours.

RETURN TO CLINIC: Return to clinic in 1 week.

 Peter A Badroos, MD
 9/29/2010
 License Number: _____

NOTICE TO EMPLOYEE: YOU MUST PROMPTLY PROVIDE A COPY OF THIS REPORT TO YOUR EMPLOYER OR WORKERS' COMPENSATION INSURER, AND QUALIFIED REHABILITATION CONSULTANT IF YOU HAVE ONE.

Patient Information **Patient Name** **Sex** **DOB**
 Morale Torres, Male 1/2/1982
 Candido
 (1007846453)

Contact Information **Date & Time** **Provider** **Department** **Encounter #** **Center**
 9/29/2010 4:00 PM Peter A Badroos, MD Cott Fam Gen Prac Amc 108093397 COTT AMC

Transcription **Type** **ID** **Status** **Author**
 AMC Note AMC32506221 Available Peter A Badroos, MD

Transcription Text

OCCUPATIONAL HEALTH

PATIENT'S EMPLOYER: Super Moms.

DATE OF INJURY: September 29, 2010.

PATIENT'S INJURY: Head injury/scalp laceration.

S: This is a 28 years old Hispanic male who is here with associated new workers comp injury. The patient had trauma with a metal bar into his head as he hit that metal bar accidentally and had laceration to the top of his head. The patient denied any loss of consciousness. The patient denied any associated dizziness, headaches or any confusion or drowsiness symptoms. The patient denied any associated nausea, vomiting, or fever. No associated chest pain, racing heartbeat, or any shortness of breath.

The patient is here with his professional Spanish interpreter.

The patient had laceration and he did apply pressure because it did bleed right away. The patient denied any blurry or double vision symptoms. No associated trauma to the facial bones. No associated trauma to other body parts. No associated facial bones pain or tenderness. No associated arm or leg pain. No associated tingling, numbness, or any motor weakness. No associated neurological deficits.

The patient denied any prior occupation injuries. The patient is working for Super Moms for the last six months. The patient does not smoke. **NO KNOWN ALLERGIES.**

PAST MEDICAL HISTORY: Not significant.

REVIEW OF SYSTEMS: Head: No headache. Ears: No loss of hearing. Eyes: No visual problems. Nose: Clear. Mouth: No disorders. Neck: No pain or stiffness. Chest: Clear. Cardiac: No known problems. GI: No abdominal pain or digestion problems. GU: No kidney/bladder disorders. Psychiatric: No mental disorders or chemical dependency. Skin: No rashes or sores. Endocrine: No diabetes or thyroid condition. Hematologic: No anemia or bleeding disorders. Neuro: No known problems. Musculoskeletal: No known problems.

History was reviewed and updated in the electronic chart.

O: On exam, normal vital signs. The patient is stable. HEENT, cardiovascular, pulmonary, and GI exams are unremarkable. Neuro exam is

nonfocal. Head exam is showing scalp wound with laceration, about 3 cm laceration of the scalp. Wound irrigation had been done. Wound had been cleaned. The patient does not have any facial bone tenderness. Normal cranial nerves exam. Normal walking and balance test. Normal motor and sensory exam over upper and lower extremities. Neuro exam is nonfocal. Head wound exam evaluation, 3 cm scalp laceration. Wound repair had been done using staples. Four staples had been done. The patient tolerated the procedure well. Wound care instruction had been given. Wound dressings had been applied. Tetanus shot had been given.

- A: 1. Post status head injury with normal neuro exam.
2. Head laceration with four staples to repair scalp wound.

P: Discussion and plan: Ibuprofen p.r.n. pain prescription had been given. Head injury sheet instruction had been given for the next 24 hours of observation. Off work till tomorrow. After that, the patient will be back to work with limitations. Please see copy of the workability. Tetanus shot had been given. Wound care instruction had been given. The patient will be back in one week for staples removal. MMI should be expected by next visit. The patient understood instructions. We did go over the head injury sheet instructions in details and the patient understood instructions through the Spanish interpreter for someone to follow on him for the next 24 hours every 4 hours. If the patient gets any abnormal neurological symptoms, he has to go to the closest medical facility or ER. The patient is aware of that.

Peter A. Badroos, M.D., M.P.H.

cc:

TEI:5652351 DIN:32506221 DDT:09/29/2010 17:31:13
MORALE TORRES, CANDIDO