

Instructions
Other Discharge Education, Materials, and

- Who patient should call:
 - Report temp if greater than: 101 degrees F
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 - Look for at home - call the physician about:
 - Symptoms/problems to OR RETURN TO ER IF increased urination, fluid intake, blurred vision, numbness and tingling in extremities, fever
 - Call if blood sugar is greater than 400 or less than 70
 - Who patient should call: OXBORO CLINIC
- Special Care Needs and Instructions**
- Diet instructions: high carbohydrate diet - DIABETIC
 - Actively up as tolerated
 - Report temp if 101 degrees F
 - OR RETURN TO ER IF increased urination, fluid intake, blurred vision, numbness and tingling in extremities, fever
 - CALL IF BLOOD SUGAR IS GREATER THAN 400 OR LESS THAN 70

Medications and Prescriptions

- Medications and prescriptions
- SEE ATTACHED SHEET YOU WILL BE GIVEN YOUR NEW MEDICATIONS BEFORE YOU LEAVE
- Discharge information reviewed with patient/family/spouse
- Mode of travel: wheelchair

Discharge Information

- Valuable returned
- Discharge information reviewed with patient/family/spouse
- Accompanied by spouse
- Mode of travel: wheelchair
- Discharge From: Fairview Southdale
- Patient care unit: 7300
- BCU phone Number: 952-924-5700
- Discharge To: Home/Alternative home
- Phone number after discharge: 612-308-0043
- Method of discharge: Wheel Chair
- Transportation: private

Discharge Planning

- Unresolved problems/follow-up plan
- follow up appointments

Status/summary

- Interdisciplinary Plan of Care Problem
- Status/summary
- Unresolved problems/follow-up plan
- follow up appointments
- Psychosocial status: Stable
- Physical status: Stable (s/s of potential complications absent or manageable)
- Diagnostic/procedure: hyperglycemia
- Patient Status

Updated By: Hagen, Jennifer On: Nov-22-2009 10:49
#1 Nov-20-2009 13:25 KBC Adult Discharge Plan/Instructions 2.0 Byers, Dawn (RN), Hagen, Jennifer (RN) [Last

Requested by: IHEANACHO, LEO

Nov-22-2009 11:08

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Signatures

Byers, Deann (RN) [Signed Nov-20-2009 15:30]
 Authored: Patient Status, Interdisciplinary Plan of Care Problem Status/Summary, Discharge Planning, Discharge Information, Special Care Needs and Instructions, Follow Up Care

Hagen, Jennifer (RN) [Signed Nov-22-2009 10:48]
 Authored: Discharge Planning, Medications and Prescriptions, Special Care Needs and Instructions, Other Discharge Education, Materials, and Instructions, Follow Up Care

Follow Up Care

- Physician/clinician Dr. Wycoff
 name:
 - Phone Number: 952-885-6150
 - Address: Okboro Clinic, Bloomington, MN
 - Appointment: Nov-24-2009 12:00
 - Instructions: CHEST CT WITH CONTRAST IN 6 MONTHS (RE: LUNG NODULES, HISTORY OF TOBACCO USE) COLONOSCOPY AND/OR EGD TO BE SET UP BY DR. WYCOFF

- Other Education, Materials, and Instructions:
 Given diabetic teaching booklet, had video instruction on 1-touch glucometer and diabetes. Also received 1-touch glucometer with 1 container of lancets and test strips. Patient had 1:1 teaching with glucometer. CHECK BLOOD SUGARS BEFORE MEALS AND AT BEDTIME-KEEP A RECORD. BRING THIS RECORD TO MD APPTS

