

# Ashley Wilson

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3225 Cypress Glen Way #110, Naples, FL 34109

## Summary

Registered dietitian of 10+ years committed to improving the health and well-being of all persons at their respective levels of readiness with experience in hospital care, school nutrition, community health promotion, eating disorders, diabetes management and inpatient rehab.

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## Employment

### **Supervisor of Nutrition, Menu Planning & Purchasing (October 2017 – Current)**

#### ***Collier County Public Schools: Naples, Florida***

Provides nutrition education and intervention for students. Develops menus for all Collier County elementary, middle and high school students in compliance with USDA and Alliance for Healthier Generation standards as well as all other State and Federal guidelines.

- Responsible for assessing and overseeing dietary plans for children with special needs
- Brought county school food program into compliance to pass Federal and State audit
- Serves on the Wellness and School Health Advisory Committees

### **Clinical Dietitian (January 2014 – October 2017)**

#### ***Naples Community Hospital: Naples, FL***

Coordinated all phases of nutritional care including nutrition assessment, care planning, monitoring, education and counseling of hospitalized patients.

- Counseled individuals and families with new onset type 1 and type 2 diabetes
- Performed duties in support of and in compliance with JCAHO and other licensing, accrediting, and regulatory agencies

### **Nutritionist (April 2012 – January 2014)**

#### ***Seminole Tribe of Florida***

Created nutrition programs and classes for the tribal community health program with a focus on diabetes and obesity prevention. Also provided individualized education, assessments, and nutrition intervention in an outpatient clinic setting.

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## Education and Professional Licensure

### ***Auburn University: Auburn, AL***

**Dietetic Internship (2008)** \*ACEND-Accredited Program\*  
Southern Regional Medical Center Riverdale, GA

### **Bachelor of Science in Nutrition and Food Sciences (2007)**

Graduated Magna Cum Laude

- CDR Registered Dietitian
- FL Licensed Dietitian / Nutritionist
- Certified in Royal Academy of Dance for Ballet

## Professional / Civic Organizations

### **- Active Member (2007 – Current)**

The Academy of Nutrition and Dietetics

### **- Founding Member / Coordinator (2017 – Current)**

Southwest Florida Auburn Alumni Club