



COMMONSPIRIT GENERAL SURGERY
LONGMONT
2030 MOUNTAIN VIEW AVE
#200
LONGMONT CO 80501-3180
Phone: 720-652-8444
Fax: 720-652-8445

July 16, 2024

Ashley Ann White
8072 Kalamath St
Denver CO 80221

To whom it may concern:

Ashley Ann White underwent major surgery on 07/10/24 and was seen today in the clinic. She is currently under the following postoperative restrictions: NO strenuous activity, lifting >10 lbs, exercising, crouching, squatting, excessive bending/twisting, or climbing for 6 weeks from the date of surgery. If she progresses well through her recovery, she may resume her regular activities on 08/22/24. She may return to work on 07/22/24 if those restrictions can be accommodated.

For any questions or concerns, please do not hesitate to reach out.

Sincerely,

A handwritten signature in black ink, appearing to read "B. Mensink".

Dr. Bethany Mensink
General & Trauma Surgery
Office: (720) 652-8444
Fax: (720) 652-8445

7/16/2024